

INTERVENCIÓN CON ADULTOS CON TDAH: BIBLIOGRAFÍA BÁSICA

➤ **DOCUMENTACIÓN BÁSICA ACERCA DEL TRATAMIENTO:**

- Guía Salud (España): http://www.guiasalud.es/GPC/GPC_574_TDAH_IACS_compl.pdf
- European Network Adult ADHD:
 - <https://www.eunetworkadultadhd.com/>
- NICE: <https://www.nice.org.uk/guidance/ng87/resources/attention-deficit-hyperactivity-disorder-diagnosis-and-management-pdf-1837699732933>
- CAADRA: <https://www.caddra.ca/download-guidelines/>

➤ **LOS 3 PILARES BÁSICOS DEL TRATAMIENTO DEL TDAH ADULTO:**

- **RETHINKING ADULT ADHD: HELPING CLIENTS TURN INTENTIONS INTO ACTIONS, J. Russell Ramsay (American Psychological Association, 2020).**
- **Adult ADHD. Diagnostic, Assessment and Treatment, 4th Edition (J. J. Sandra Kooij, 2021).**
- **ADHD Coaching. A guide for mental health professionals, Prevatt and Levrini (American Psychological Association, 2015).**
- **INTEGRATIVE TREATMENT FOR ADULT ADHD, Ari Tuckman (New Harbinger Publications, 2007).**
- **COGNITIVE-BEHAVIORAL THERAPY FOR ADULT ADHD, J. Russell Ramsay and Anthony L. Rostain (Routledge, 2014).**
- **THE ADULT ADHD TOOLKIT, J. Russell Ramsay and Anthony L. Rostain (Routledge, 2014).**
- **MASTERING YOUR ADULT ADHD, A cognitive-behavioral treatment program, Safren et al. (Oxford Press, 2005)**
- **TDAH EN ADULTOS, una guía psicológica para la práctica, Young y Bramham. (Manual Moderno, 2009).**
- **COGNITIVE-BEHAVIORAL THERAPY FOR ADULT ADHD, Solanto (Guilford Press, 2011)**
- **EMPOWERING YOUTH WITH ADHD, Jodi Sleeper-Triplett (Speciality Press, 2010).**
- **COACHING COLLEGE STUDENTS WITH ADHD, Patricia O. Quinn, Nancy A. Ratey and Theresa L. Maitland (Advantage Books, 2000).**
- **EXECUTIVE FUNCTIONS, Russell A. Barkley (Guilford Press, 2012).**
- **ADHD IN ADULTS: CHARACTERIZATION, DIAGNOSIS AND TREATMENT, Editado por Jan K. Buitelaar, Cornelis C. Kan, y Philip Asherson. (Cambridge University Press, 2011).**
- **CLINICIAN'S GUIDE TO ADULT ADHD: ASSESSMENT AND INTERVENTION, S. Goldstein y A. T. Ellison (Elsevier, 2002).**
- **FAST MINDS, Craig Surman, Tim Bilkey and Karen Weintraub (Berkley Books, 2013).**
- **GETTING AHEAD OF ADHD, Joel T. Nigg (The Guilford Press, 2017).**

➤ **OTROS TRATAMIENTOS:**

- **NONMEDICATION TREATMENTS FOR ADULT ADHD, Ramsay (APA, 2010).**