

## **POSTGRADO FUNDACIÓN ADANA. UNIDAD 15: INTERVENCIÓN CON ADULTOS CON TDAH, BIBLIOGRAFÍA BÁSICA**

### **DOCUMENTACIÓN BÁSICA ACERCA DEL TRATAMIENTO:**

- Guía Salud (España): [http://www.guiasalud.es/GPC/GPC\\_574\\_TDAH\\_IACS\\_compl.pdf](http://www.guiasalud.es/GPC/GPC_574_TDAH_IACS_compl.pdf)
- European Network Adult ADHD: <https://www.eunetworkadultadhd.com/>
- NICE: <https://www.nice.org.uk/guidance/ng87/resources/attention-deficit-hyperactivity-disorder-diagnosis-and-management-pdf-1837699732933>
- CAADRA: <https://www.caddra.ca/download-guidelines/>

### **LOS 3 PILARES BÁSICOS DEL TRATAMIENTO DEL TDAH ADULTO:**

- RETHINKING ADULT ADHD: HELPING CLIENTS TURN INTENTIONS INTO ACTIONS, J. Russell Ramsay (American Psychological Association, 2020).
- Adult ADHD. Diagnostic, Assessment and Treatment, 4<sup>th</sup> Edition (J. J. Sandra Kooij, 2021).
- ADHD Coaching. A guide for mental health professionals, Prevatt and Levrini (American Psychological Association, 2015).
- Taking Charge of Adult ADHD Second Edition, Russell A. Barkley (Guilford Press, 2021).
- INTEGRATIVE TREATMENT FOR ADULT ADHD, Ari Tuckman (New Harbinger Publications, 2007).
- COGNITIVE-BEHAVIORAL THERAPY FOR ADULT ADHD, J. Russell Ramsay and Anthony L. Rostain (Routledge, 2014).
- THE ADULT ADHD TOOLKIT, J. Russell Ramsay and Anthony L. Rostain (Routledge, 2014). • MASTERING YOUR ADULT ADHD, A cognitive-behavioral treatment program, Safren et al. (Oxford Press, 2005)
- TDAH EN ADULTOS, una guía psicológica para la práctica, Young y Bramham. (Manual Moderno, 2009).
- COGNITIVE-BEHAVIORAL THERAPY FOR ADULT ADHD, Solanto (Guilford Press, 2011) • EMPOWERING YOUTH WITH ADHD, Jodi Sleeper-Triplett (Speciality Press, 2010).
- COACHING COLLEGE STUDENTS WITH ADHD. Patricia O. Quinn, Nancy A. Ratey and Theresa L. Maitland (Advantage Books, 2000).
- EXECUTIVE FUNCTIONS, Russell A. Barkley (Guilford Press, 2012).
- ADHD IN ADULTS: CHARACTERIZATION, DIAGNOSIS AND TREATMENT, Editado por Jan K. Buitelaar, Cornelis C. Kan, y Philip Asherson. (Cambridge University Press, 2011).
- CLINICIAN'S GUIDE TO ADULT ADHD: ASSESSMENT AND INTERVENTION, S. Goldstein y A. T. Ellison (Elsevier, 2002).
- FAST MINDS, Craig Surman, Tim Bilkey and Karen Weintraub (Berkley Books, 2013).
- GETTING AHEAD OF ADHD, Joel T. Nigg (The Guilford Press, 2017).

### **OTROS TRATAMIENTOS:**

- NONMEDICATION TREATMENTS FOR ADULT ADHD, Ramsay (APA, 2010).