

Importancia de la detección e intervención Temprana



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Hospital Sant Joan de Déu Barcelona

23 de febrero de 2023

online



Curso de
**ESPECIALIZACIÓN
EN TEA**

TRASTORNO DEL ESPECTRO DEL
AUTISMO

ONLINE

DEL 20 DE FEBRERO AL 23 DE MARZO

 ADANA
FUNDACIO

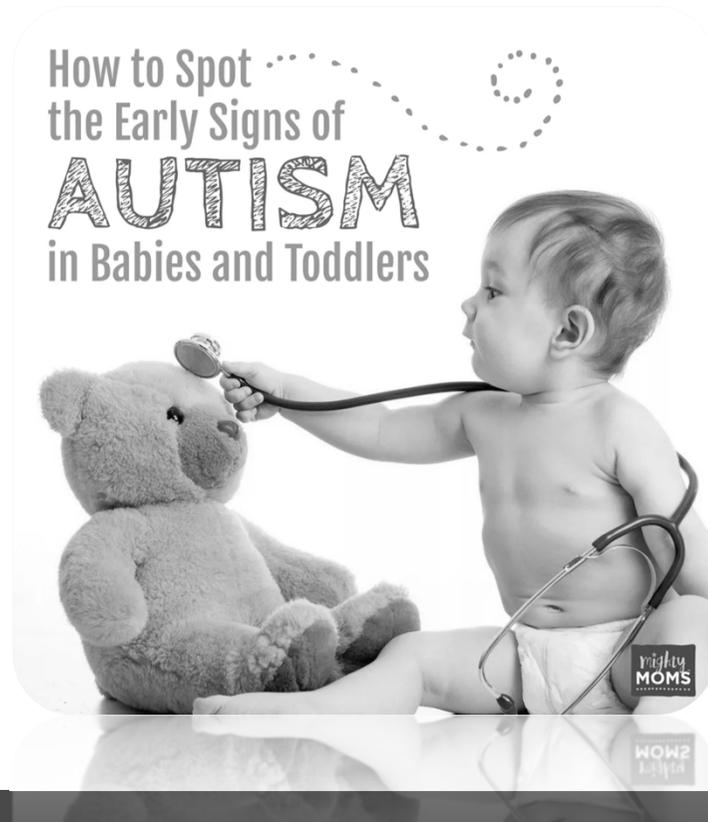
<http://www.fundacionadana.org/>

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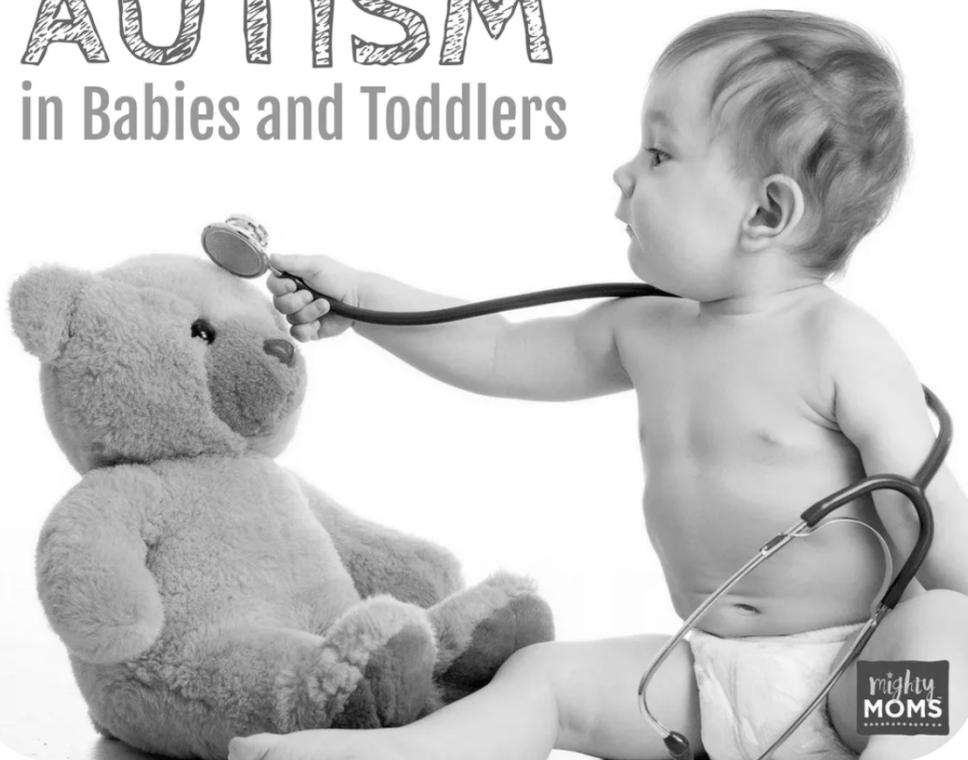
DETECCIÓN temprana 1



INTERVENCIÓN temprana 2



How to Spot
the Early Signs of
AUTISM
in Babies and Toddlers



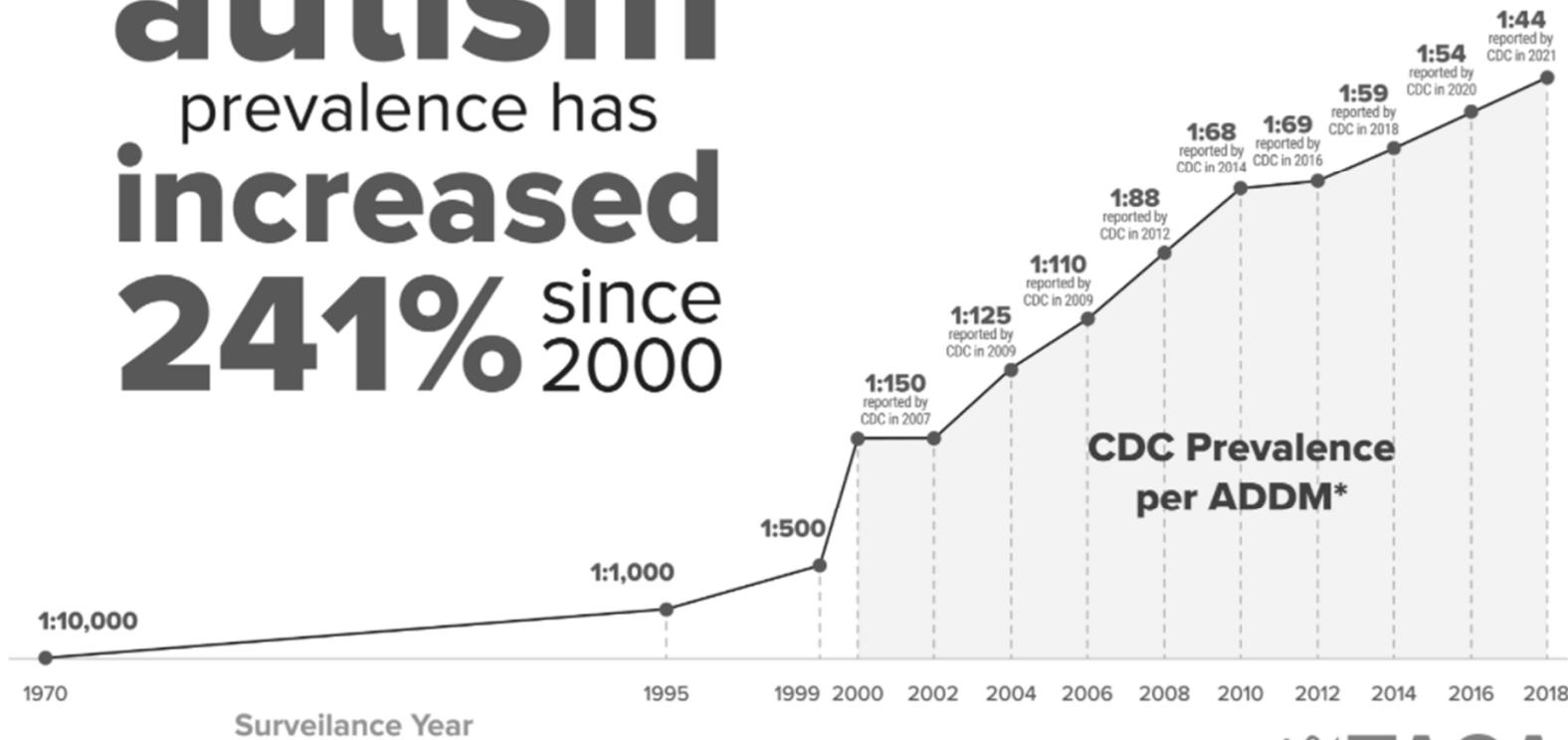
DETECCIÓN temprana 1

Epidemiología



Prevalencia del TEA – datos 2021

autism
prevalence has
increased
241% since
2000



1 de 44
Niños de 8
años
identificados
con TEA en la
red ADDM

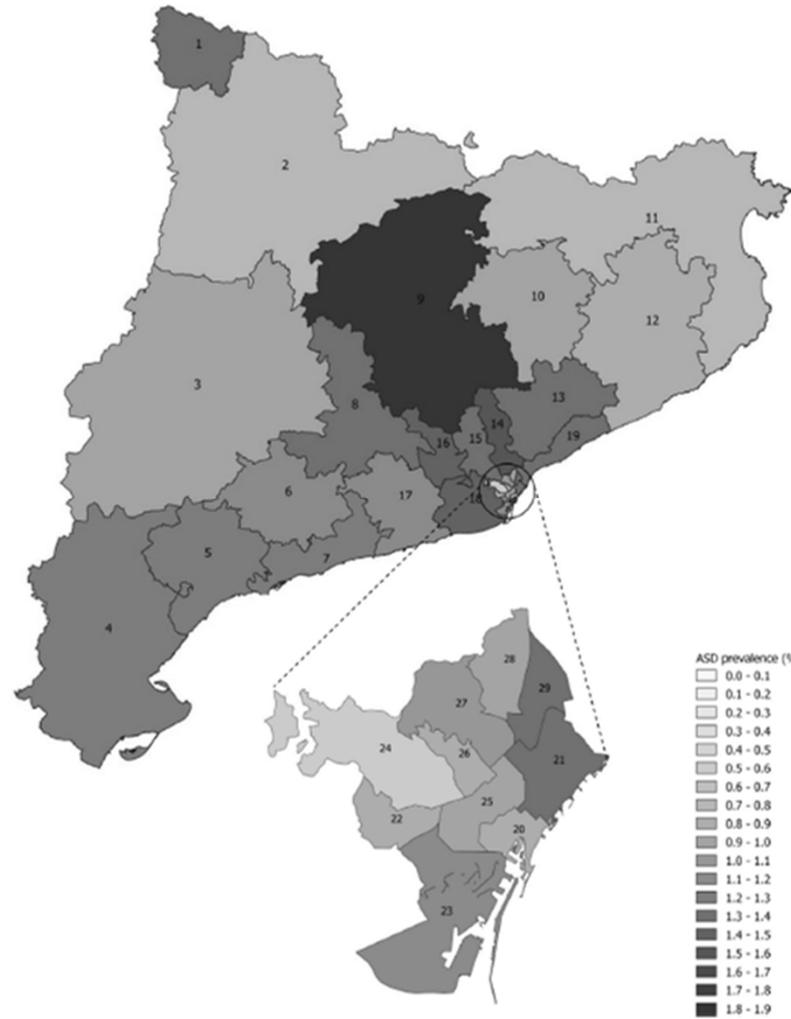
2,3%
Porcentaje
medio de
escolares que
cumplen
criterios para
TEA

*ADDM (Autism and Development Disabilities Monitoring Network)



Prevalencia en Catalunya - 2019

MAPA DE PREVALENCIA EN CATALUNYA
clasificado por áreas sanitarias. Datos 2017



1,23%
Prevalencia
media
estimada
en CAT.

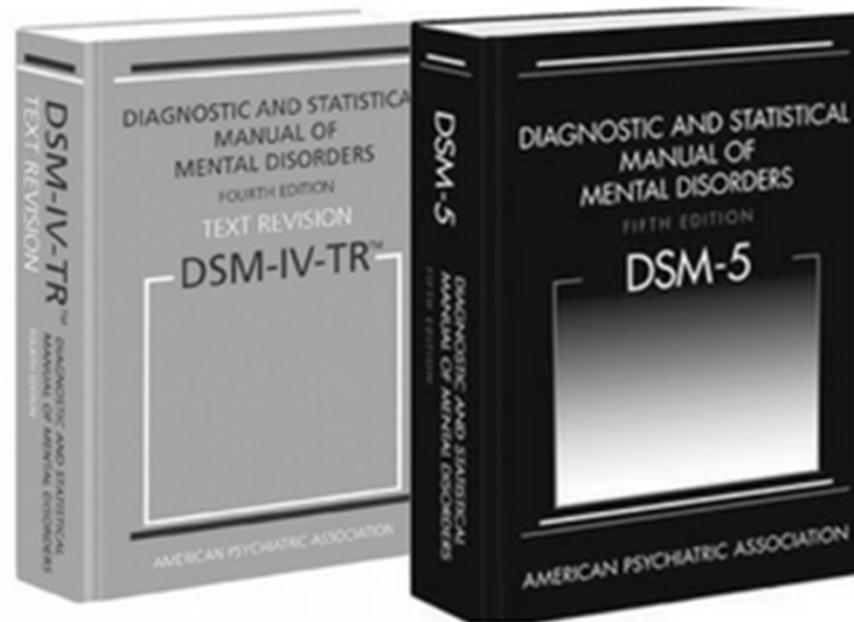
1,95%
Prevalencia
media
estimada
sexo
masculino
en CAT.

0,46%
Prevalencia
media
estimada
sexo
femenino
en CAT.



El Trastorno del Espectro del Autismo
está ya consolidado por la comunidad
científica como un
trastorno del
NEUROdesarrollo

Criteria diagnósticos



Desde los subtipos de los **Trastornos Generalizados del Desarrollo (TGD)** (*DSM-IV*), a la conceptualización del espectro del autismo como un *continuum* de afectación: **Trastorno del Espectro del Autismo (TEA)** dentro de los trastornos del neurodesarrollo (*DSM-5*).

Trastorno del Espectro del Autismo (TEA)

(A)

ALTERACIÓN DEL
DESARROLLO DE LA
COMUNICACIÓN e
INTERACCIÓN SOCIAL

(B)

DESARROLLO DE
PATRONES e INTERESES
RESTRICTIVOS Y
REPETITIVOS

Trastorno del Espectro del Autismo (TEA)

(C)

PRESENTES EN PRIMERAS FASES DE DESARROLLO

*“ANTES DE LOS 3 AÑOS DE EDAD”
¡pueden ENMASCARARSE por estrategias aprendidas en etapas posteriores!*

(A)

ALTERACIÓN DEL DESARROLLO DE LA COMUNICACIÓN e INTERACCIÓN SOCIAL

(D)

CLÍNICAMENTE SIGNIFICATIVO = INTERFERENCIA FUNCIONAMIENTO DIARIO

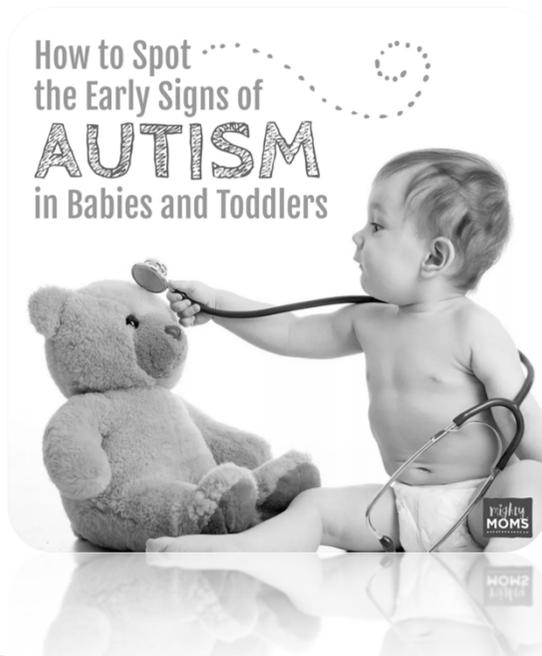
(B)

DESARROLLO DE PATRONES e INTERESES RESTRICTIVOS Y REPETITIVOS

(E)

ESTAS ALTERACIONES NO SE EXPLICAN MEJOR POR UN RETRASO GLOBAL DEL DESARROLLO / DI – otros...

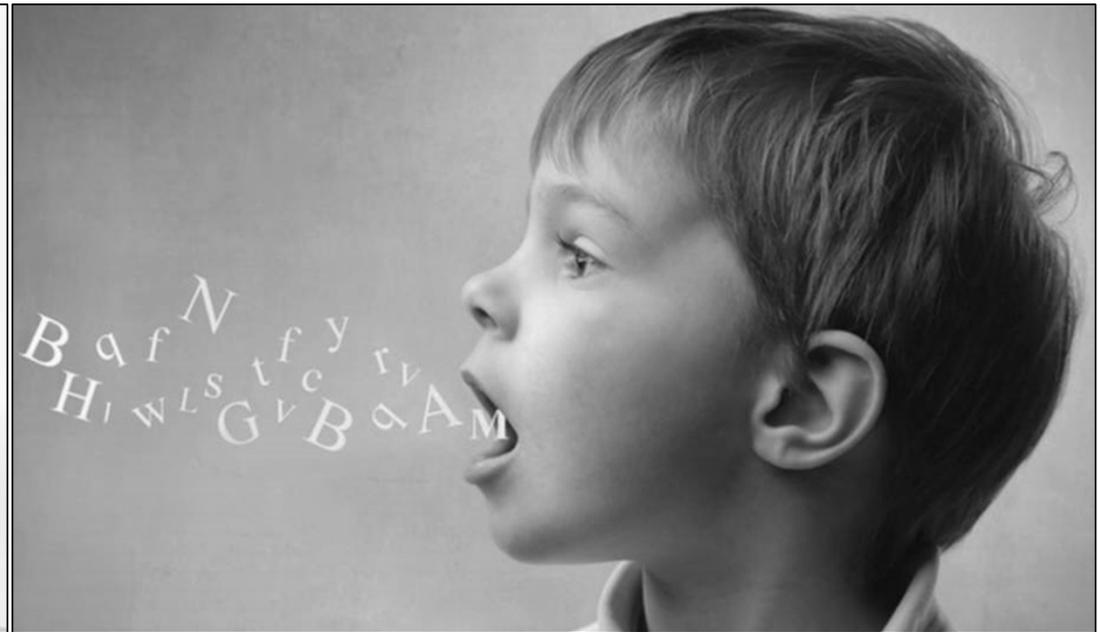
LOS SIGNOS DE DETECCIÓN EN EDAD TEMPRANA



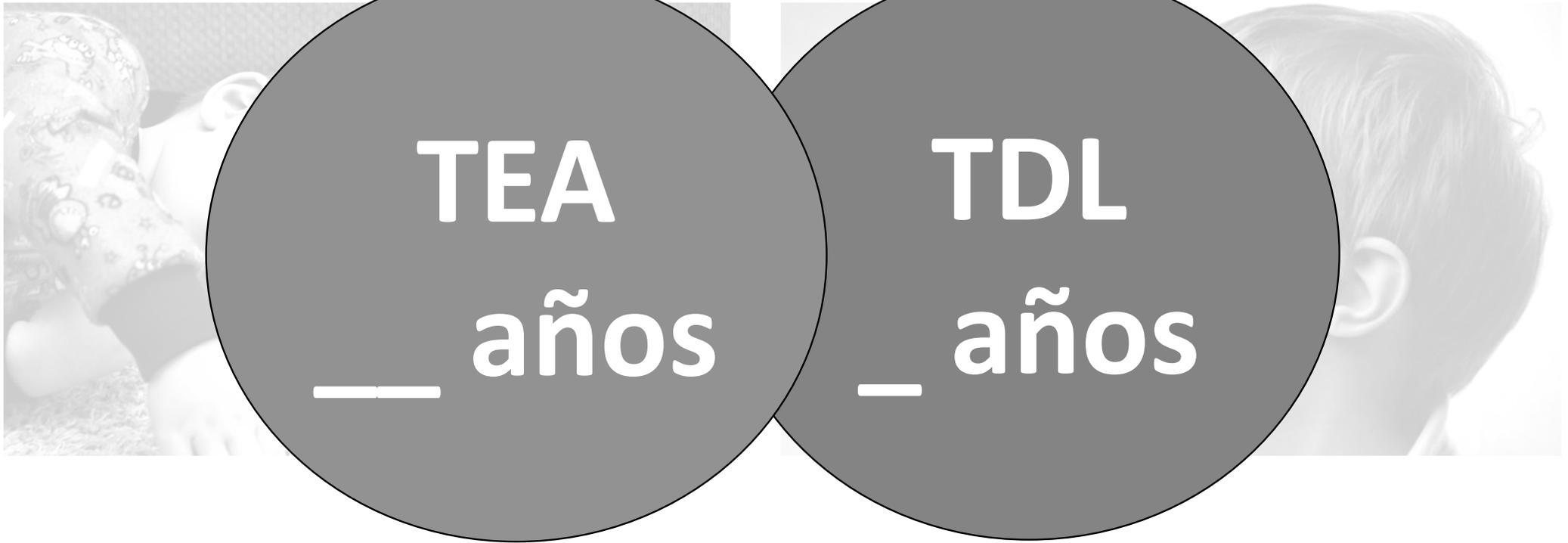
¿Cuál es el MOTIVO DE CONSULTA más común en edades tempranas?



“Mi hijo/a NO ha empezado a hablar y está a punto de cumplir los ____ años”



EDAD DE DIAGNÓSTICO



Zwaigenbaum et al., (2015) – *Pediatrics*

Rescorla et al., (2000) – *J Child Lang*

PRIMERAS FASES DE DESARROLLO

**40-50% DE LOS CASOS CON TEA INICIAN CON UN RETRASO
DEL LENGUAJE CLÍNICAMENTE SIGNIFICATIVO**



DIAGNÓSTICO
DE
TEA

RETRASO
ADQUISICIÓN
LENGUAJE

¿Cómo diferenciamos un retraso del lenguaje, de un caso de TEA entre los 12 y 30 meses?

≠



VIIJQRV#DODUP D#\$DUD#XQ#WHID

AUSENCIA/DISMINUCIÓN

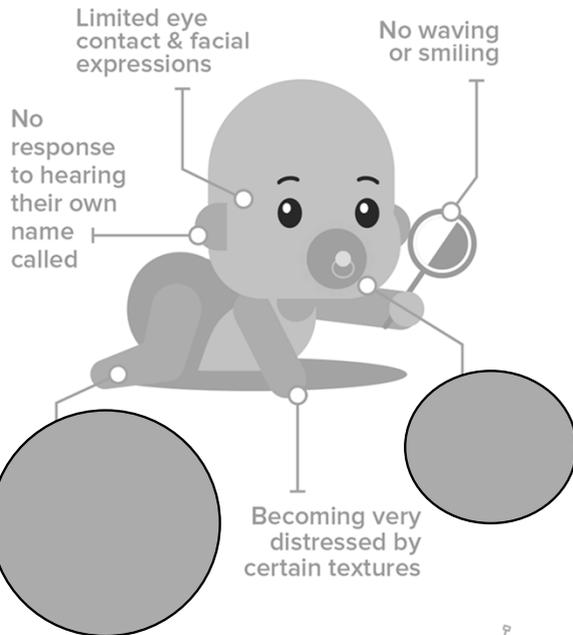
- 1) **Mirada** dirigida a personas
- 2) Orientación a la llamada al **nombre**
- 3) Respuesta **sonrisa social**
- 4) **Expresión** emocional y facial
- 5) **Demandas** a cuidadores
- 6) **Baluceo** recíproco (*baby talk*)
- 7) **Imitación** acciones simples
- 8) **Gestos** sociales (*Ej. saludar, palmadas, señalar, pedir etc.*)
- 9) Respuesta a **juegos sociales** (*Ej. Cucú-tras*)
- 10) **Anticipación** ej. al ser cogido en brazos

PRESENCIA

- 1) Uso atípico **juego manipulativo**
- 2) **Exploración visual** inusual
- 3) **Juego repetitivo** de *girar, rotar, golpear* juguetes
- 4) Movimientos corporales extraños en formas de **estereotipias motoras, manierismos** (*Ej. aleteos etc.*)



SIGNS OF AUTISM IN BABIES AND TODDLERS



doodle
SUCESSES

AUTISM EARLY SIGNS IN INFANTS



1 Unusual visual fixations
Unusually strong and persistent examination of objects



2 Abnormal repetitive behaviors
Spending unusually long periods of time repeating an action, such as looking at their hands or rolling an object



3 Lack of age-appropriate sound development
Delayed development of vowel sounds, such as "ma ma, da da, ta ta"



4 Delayed intentional communication
Neutral facial tones and decreased efforts to gesture and gain parent attention



5 Decreased interest in interaction
Greater interest in objects than people and difficult to sustain face-to-face interactions

Más recursos para entrenar la observación clínica

 Autism
NAVIGATOR

[Return to Autism Navigator](#)

Welcome Aritz [Sign out](#)

Typical



Red Flags for ASD

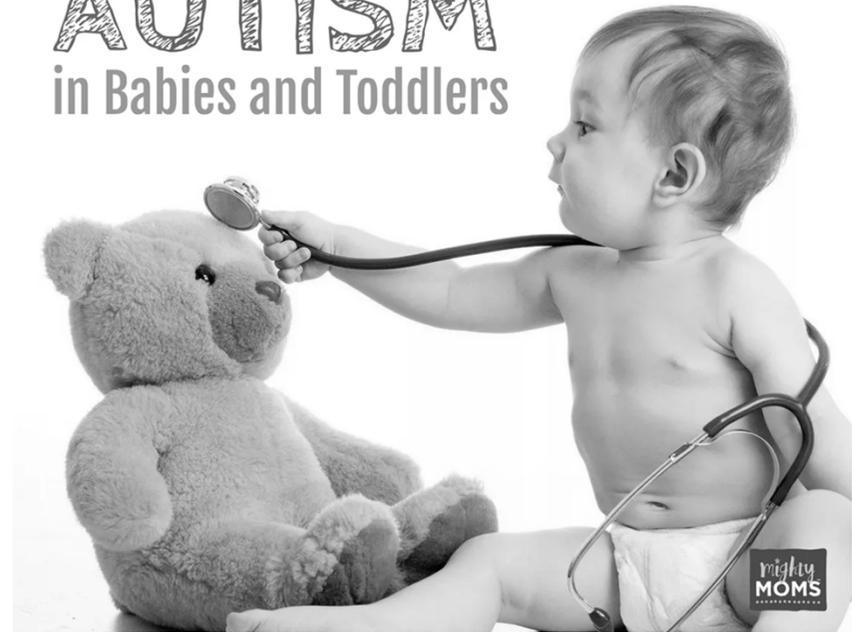


<https://resources.autismnavigator.com/asdglossary/#/section/22/repetitiveObjects>

PROTOCOLO DE EVALUACIÓN TEMPRANA

¿Por dónde empezamos?

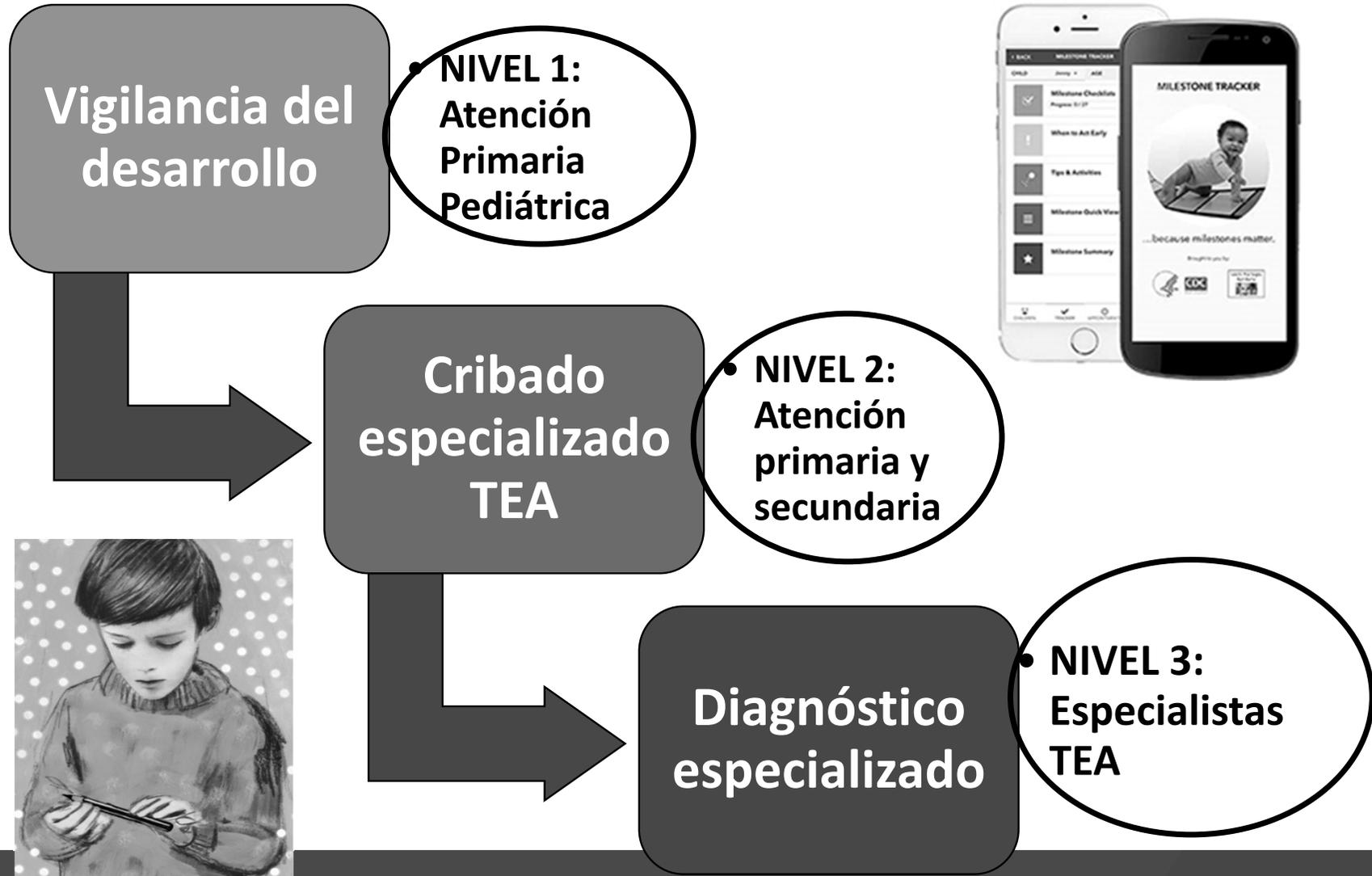
How to Spot ...
the Early Signs of
AUTISM
in Babies and Toddlers



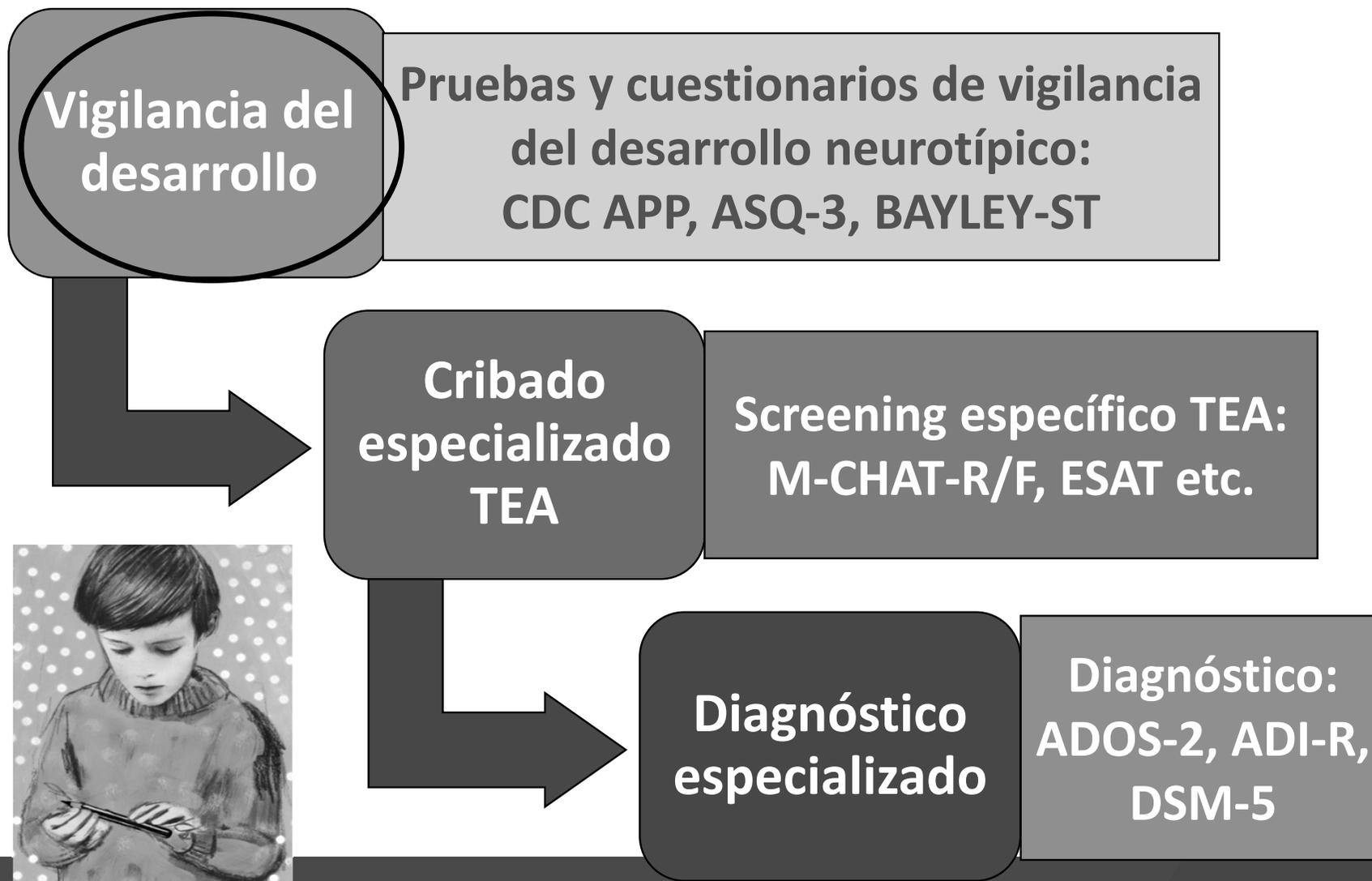
3 NIVELES DE DETECCIÓN De la detección al diagnóstico



NIVELES DE DETECCIÓN TEMPRANA

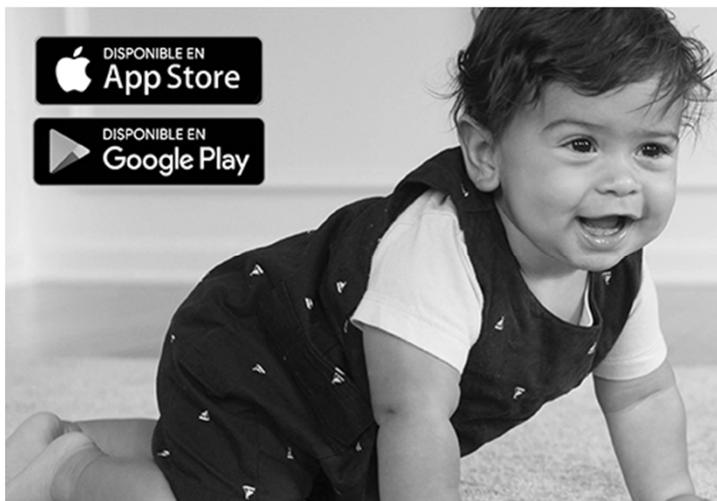


NIVELES DE DETECCIÓN TEMPRANA



NIVEL 1

VIGILANCIA DEL DESARROLLO



Descargue la *app* GRATIS de los CDC Sigamos el Desarrollo



Siga los indicadores



Comparta un resumen

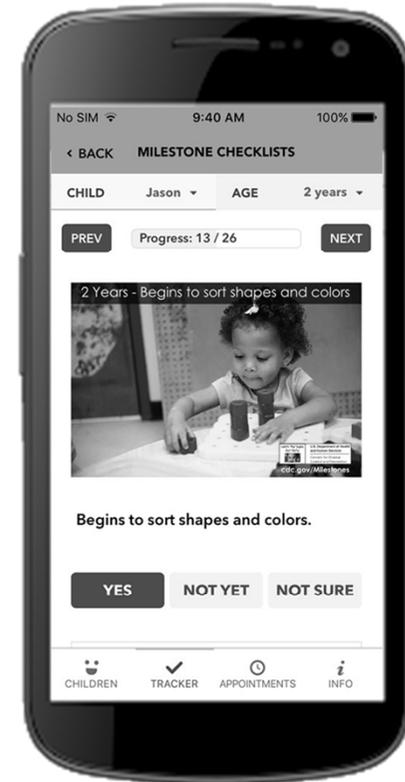


Obtenga consejos y actividades

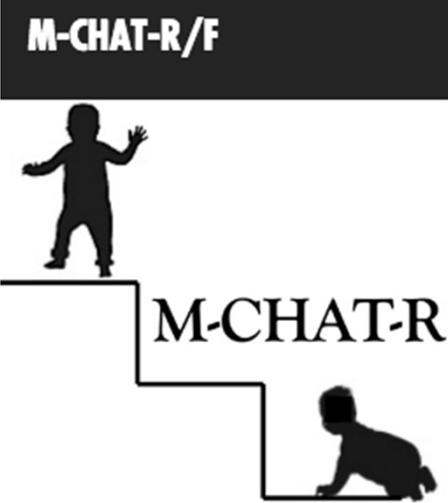
Infórmese más en cdc.gov/Sigamos



Ejemplo APP



NIVEL 2 CRIBADO ESPECIALIZADO (TEA)



M-CHAT-R/F

Download a copy of the M-CHAT-R/F - a free screening tool to assess risk for Autism Spectrum Disorder.

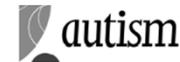
Original Article

The Early Screening for Autism and Communication Disorders: Field-testing an autism-specific screening tool for children 12 to 36 months of age

Amy M Wetherby¹, Whitney Guthrie², Jessica L Hooker¹, Abigail Delehanty³, Taylor N Day¹, Juliann Woods¹, Karen Pierce⁴, Stacy S Manwaring⁵, Audrey Thurm⁶, Sally Ozonoff⁷, Eva Petkova⁸ and Catherine Lord⁹

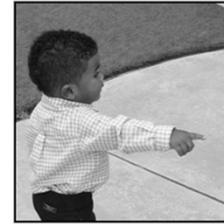
Abstract

There is a critical need for validated screening tools for autism spectrum disorder in very young children so families can access tailored intervention services as early as possible. Few screeners exist for children between the recommended screening ages of 18–24 months. This study examined the utility of a new autism-specific parent-report screening tool, the Early Screening for Autism and Communication Disorders for children 12–36 months. Field-testing was conducted from five sites with 471 children screened for communication delays in primary care or referred for familial risk or concern for autism spectrum disorder. The Early Screening for Autism and Communication Disorders was evaluated in three age groups: 12–17, 18–23, and 24–36 months. A best-estimate diagnosis of autism spectrum disorder, developmental delay, or typical development was made. Receiver operating characteristic curves were examined for all 46 items and the 30 items that best discriminated autism spectrum disorder from the non-spectrum groups. Area under the curve estimates for the total were greater than 0.90 across age groups. Cutoffs were established for each age group with sensitivity between 0.86 and 0.92 and specificity between 0.74 and 0.85. Results provide preliminary support for the validity of the Early Screening for Autism and Communication Disorders as an autism-specific screener in children 12–36 months with elevated risk of communication delay or autism spectrum disorder.



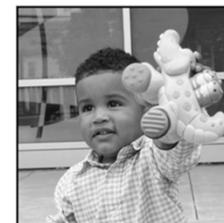
Autism
1–12
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DOI: 10.1177/13623613211012526
journals.sagepub.com/home/aut
SAGE

Social



Señala con el dedo

Marque uno:
Sí No



Muestra juguetes

Marque uno:
Sí No

© 2014 Children's Specialized Hospital



Nuevos instrumentos de cribado para una detección más temprana

NIVEL 2

CRIBADO ESPECIALIZADO (TEA)



https://mchatscreen.com/wp-content/uploads/2015/05/M-CHAT_Spanish_WH_V2_RP.pdf

https://mchatscreen.com/wp-content/uploads/2015/05/M-CHAT-R_F_Spanish_Spain.pdf

M-CHAT-R/F – ¡ejercicio!

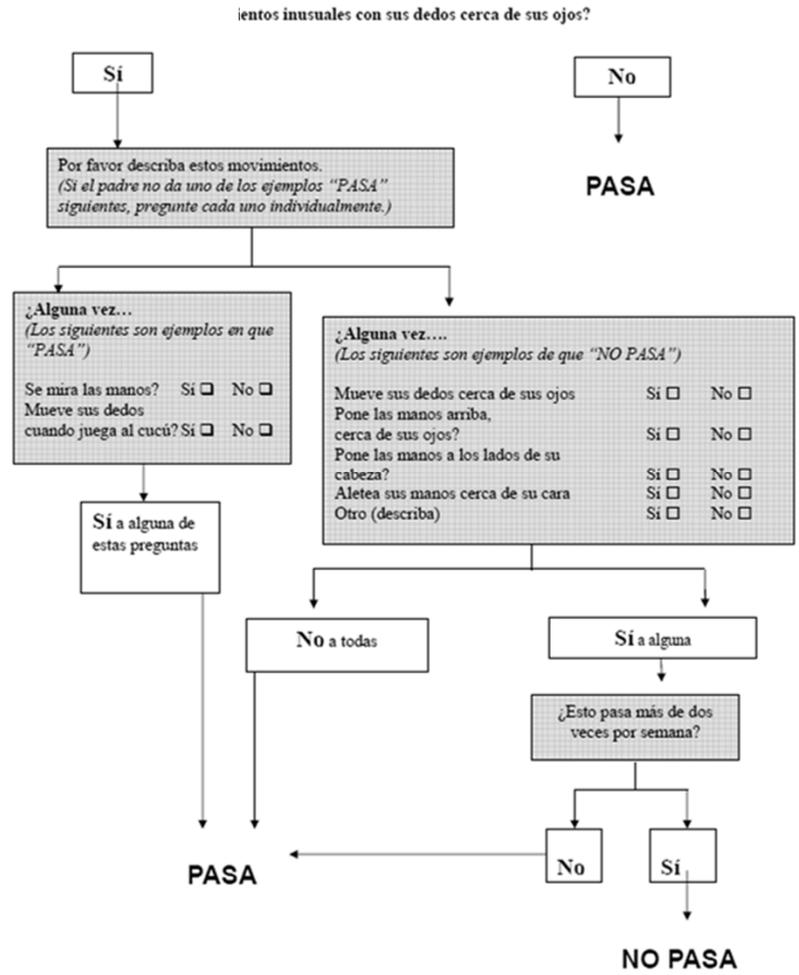


La respuesta "**NO**" indica riesgo de TEA para todos los ítems exceptuando 3...

¿Cuáles?

1. Si usted señala algo al otro lado de la habitación, ¿su hijo/a lo mira? (POR EJEMPLO, Si usted señala a un juguete, un peluche o un animal, ¿su hijo/a lo mira?)	SÍ	NO
2. ¿Alguna vez se ha preguntado si su hijo/a es sordo/a?	SÍ	NO
3. ¿Su hijo/a juega juegos de fantasía o imaginación? (POR EJEMPLO, "hace como que" bebe de una taza vacía, habla por teléfono o da de comer a una muñeca o peluche,...)	SÍ	NO
4. ¿A su hijo le gusta subirse a cosas? (POR EJEMPLO, a una silla, escaleras, o tobogán,...)	SÍ	NO
5. ¿Hace su hijo/a movimientos inusuales con sus dedos cerca de sus ojos? (POR EJEMPLO, mueve sus dedos cerca de sus ojos de manera inusual?)	SÍ	NO
6. ¿Su hijo/a señala con un dedo cuando quiere pedir algo o pedir ayuda? (POR EJEMPLO, señala un juguete o algo de comer que está fuera de su alcance?)	SÍ	NO
7. Su hijo/a señala con un dedo cuando quiere mostrarle algo que le llama la atención? (POR EJEMPLO, señala un avión en el cielo o un camión muy grande en la calle)	SÍ	NO
8. ¿Su hijo/a se interesa en otros niños? (POR EJEMPLO, mira con atención a otros niños, les sonrío o se les acerca?)	SÍ	NO
9. ¿Su hijo/a le muestra cosas acercándolas o levantándolas para que usted las vea – no para pedir ayuda sino solamente para compartirlas con usted? (POR EJEMPLO, le muestra una flor o un peluche o un coche de juguete)	SÍ	NO
10. ¿Su hijo/a responde cuando usted le llama por su nombre? (POR EJEMPLO, se vuelve, habla o balbucea, o deja de hacer lo que estaba haciendo para mirarle?)	SÍ	NO
11. ¿Cuándo usted sonrío a su hijo/a, él o ella también le sonrío?	SÍ	NO
12. ¿Le molestan a su hijo/a ruidos cotidianos? (POR EJEMPLO, la aspiradora o la música, incluso cuando está no está excesivamente alta?)	SÍ	NO
13. ¿Su hijo/a camina solo?	SÍ	NO
14. ¿Su hijo/a le mira a los ojos cuando usted le habla, juega con él o ella, o lo viste?	SÍ	NO
15. ¿Su hijo/a imita sus movimientos? (POR EJEMPLO, decir adiós con la mano, aplaudir o algún ruido gracioso que usted haga?)	SÍ	NO
16. Si usted se gira a ver algo, ¿su hijo/a trata de mirar hacia lo que usted está mirando?	SÍ	NO
17. ¿Su hijo/a intenta que usted le mire/preste atención? (POR EJEMPLO, busca que usted le haga un cumplido, o le dice "mira" ó "mírame")	SÍ	NO
18. ¿Su hijo/a le entiende cuando usted le dice que haga algo? (POR EJEMPLO, si usted no hace gestos, ¿su hijo/a entiende "pon el libro encima de la silla" o "tráeme la manta"?)	SÍ	NO
19. Si algo nuevo pasa, ¿su hijo/a le mira para ver como usted reacciona al respecto? (POR EJEMPLO, si oye un ruido extraño o ve un juguete nuevo, ¿se gira a ver su cara?)	SÍ	NO
20. Le gustan a su hijo/a los juegos de movimiento? (POR EJEMPLO, le gusta que le balancee, o que le haga "el caballito" sentándole en sus rodillas)	SÍ	NO

M-CHAT_{REV} Revised / FOLLOW UP



*Sólo casos positivos y de los ítems positivos para confirmar!

*Puntuaciones a partir de 3 y máximo de 7. A partir de puntuación 8 o superior se deriva directamente a NIVEL 3

NIVEL 3 EVALUACIÓN ESPECIALIZADA (TEA)

ADOS-2





La finalidad del instrumento es valorar la sintomatología TEA (que no esté afectada por el nivel de lenguaje).

Módulo T: sin lenguaje o palabras sueltas (de 12 a 30 meses)

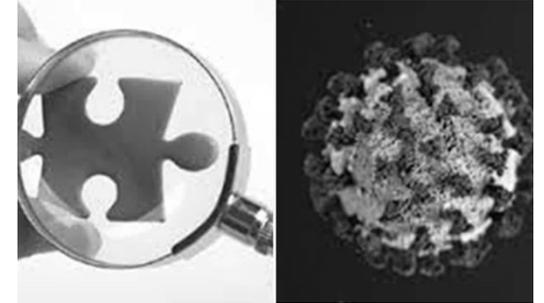
Módulo 1: sin lenguaje o palabras sueltas (31 meses o más)

Módulo 2: lenguaje basado en frases de dos-tres palabras (no complejo)

Módulo 3: lenguaje fluido y gramaticalmente complejo (entre 4 y 16 años)

Módulo 4: adultos con lenguaje fluido (+17 años)



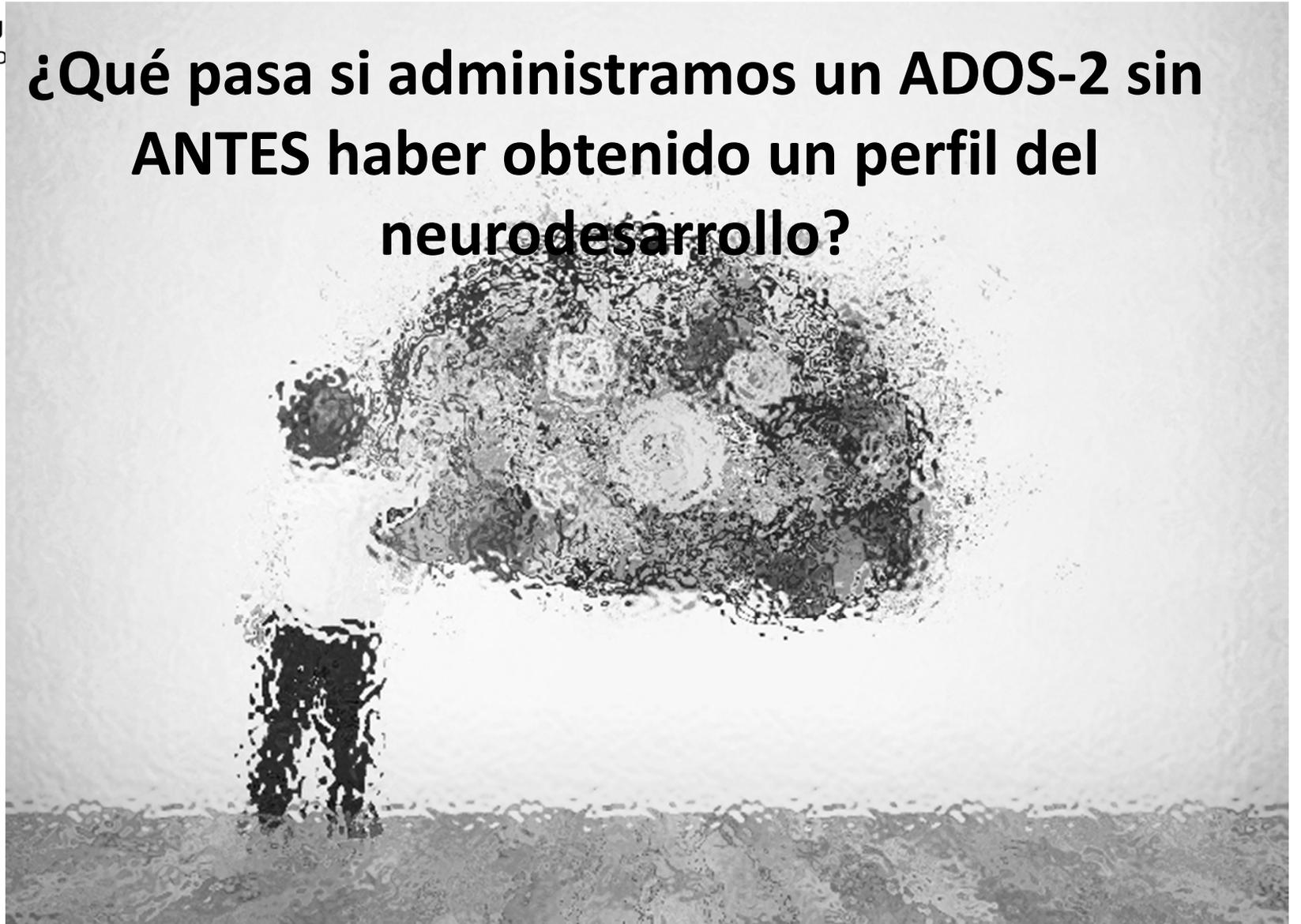


...ADOS-2 y otras evaluaciones en situación de COVID19 en ámbito sanitario

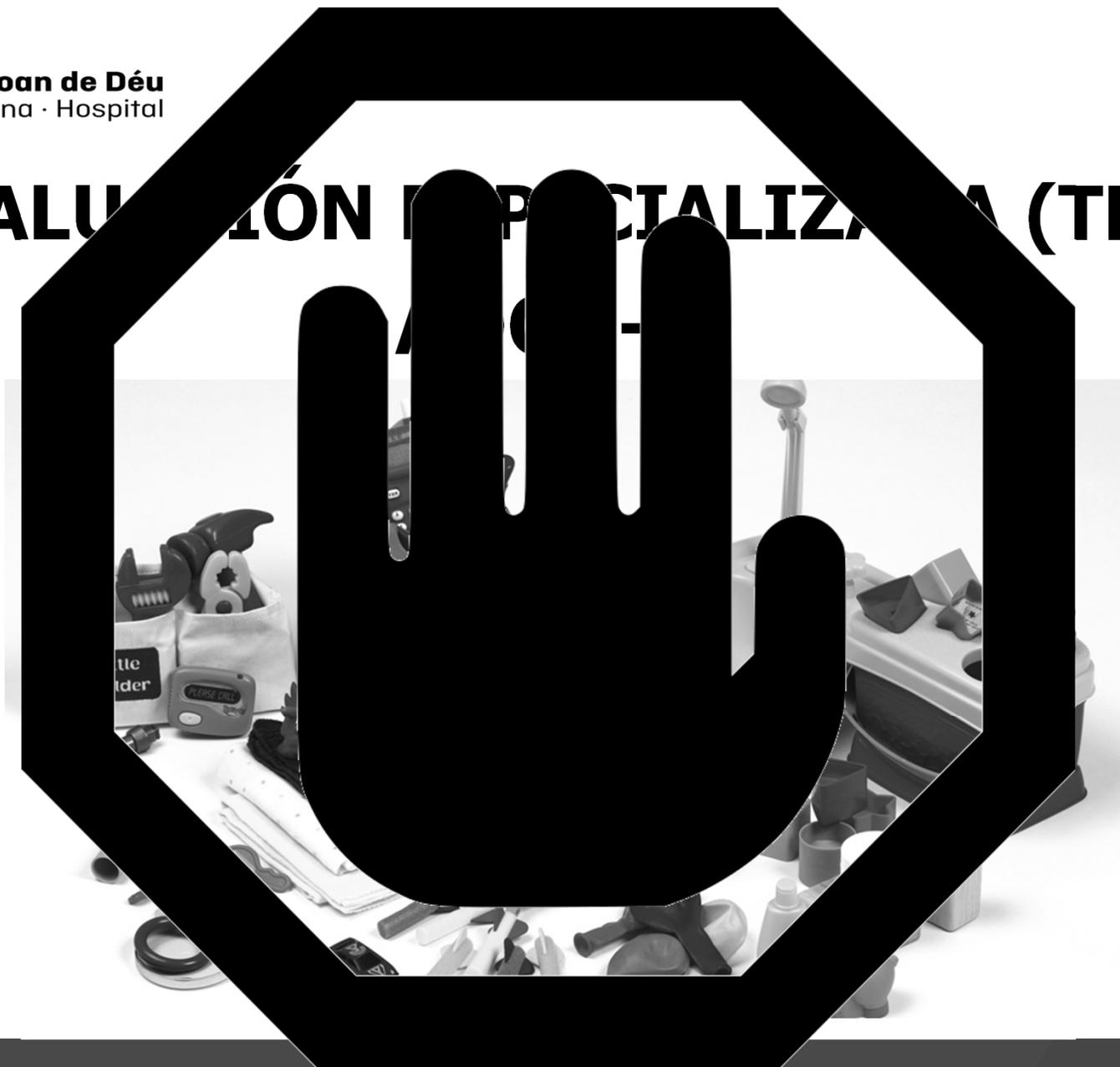
<https://autismallianceofmichigan.org/asd-evaluation-during-covid-19-when-the-ados-2-cannot-be-scored/>



**¿Qué pasa si administramos un ADOS-2 sin
ANTES haber obtenido un perfil del
neurodesarrollo?**



EVALUACIÓN ESPECIALIZADA (TEA)



NIVEL 3

PERFIL DE NEURODESARROLLO (TEA)

BAYLEY-III - neruodesarrollo



NUNCA REALIZAR UN ADOS-2 sin ANTES REALIZAR UNA EVALUACIÓN DEL NEURODESARRO



PREGUNTAS primera parte



INTERVENCIÓN temprana 2



EQUIPO CERTIFICADO – ESDM en **UnimTEA**: Unidad multidisciplinar del Trastorno del Espectro del Autismo



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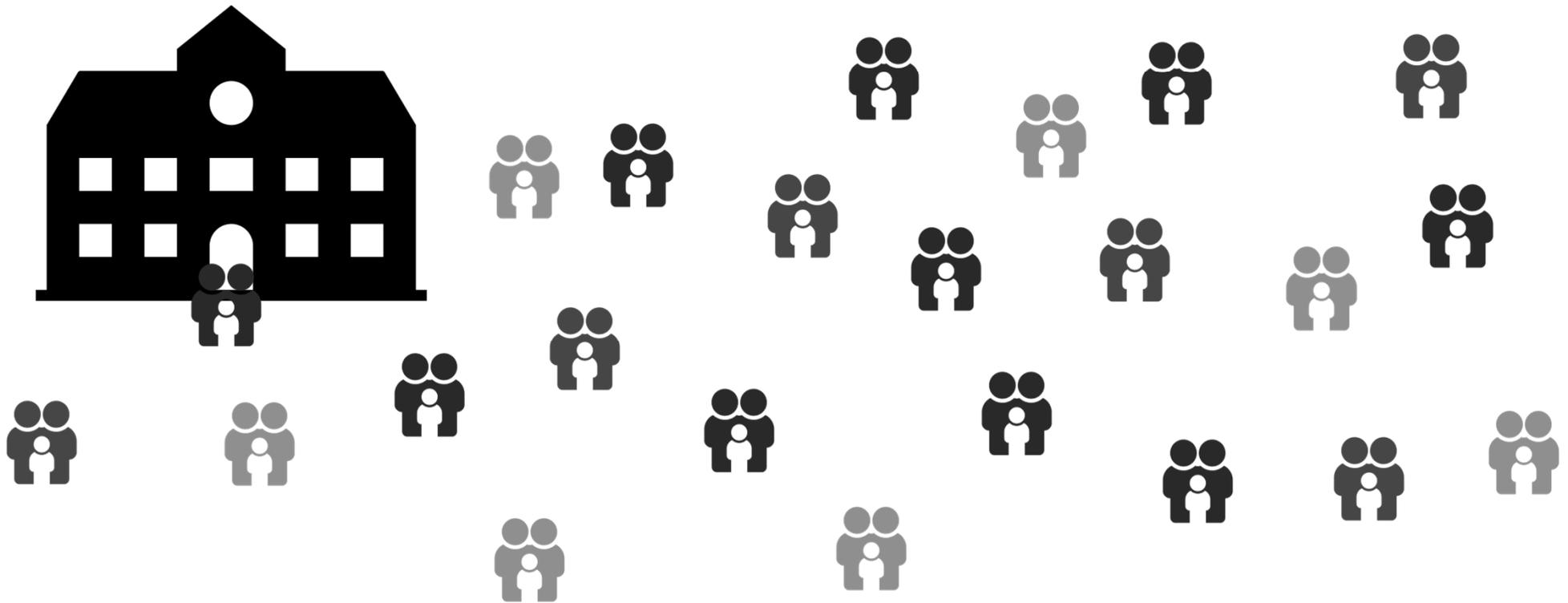
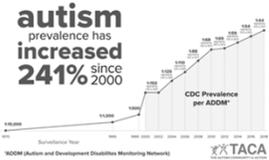
Asesor-clínico centro IDAPP.

Terapeuta Certificado ESDM

Modelo Denver, UC Davis, MIND Institute

aritz.aranbarri@sid.es

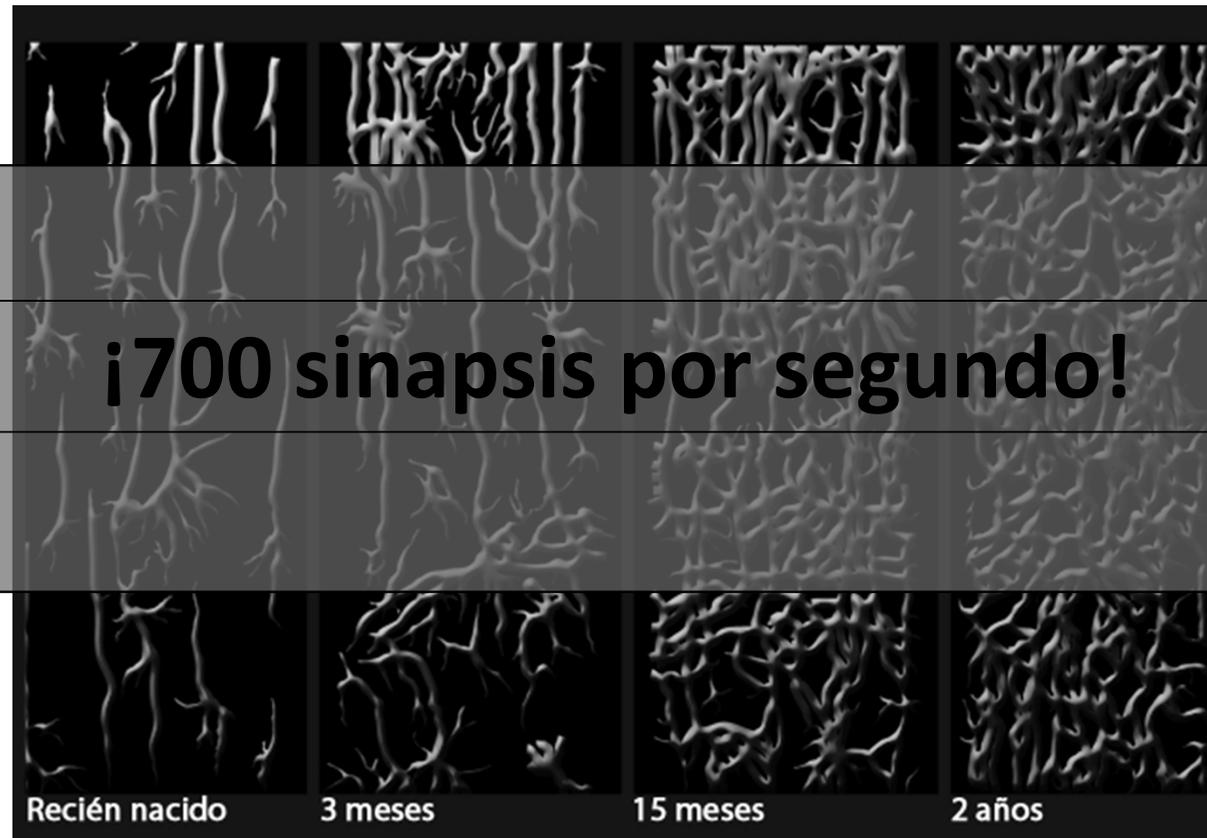
Cada vez más niños pequeños con riesgo de TEA acuden a los servicios de Atención Temprana



¿Por qué temprano?



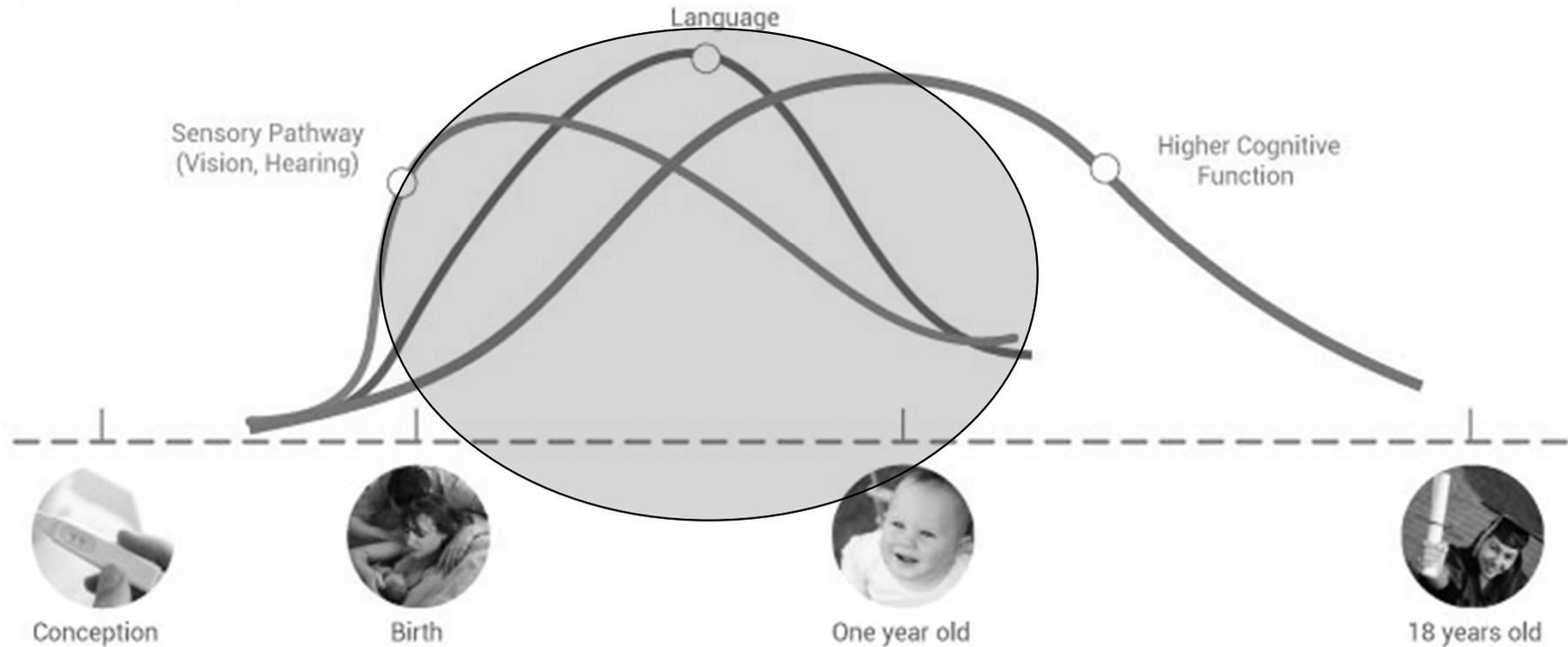
AUMENTO DE LA DENSIDAD SINÁPTICA, SEGUIDO POR LA PODA NEURONAL





HUMAN BRAIN DEVELOPMENT

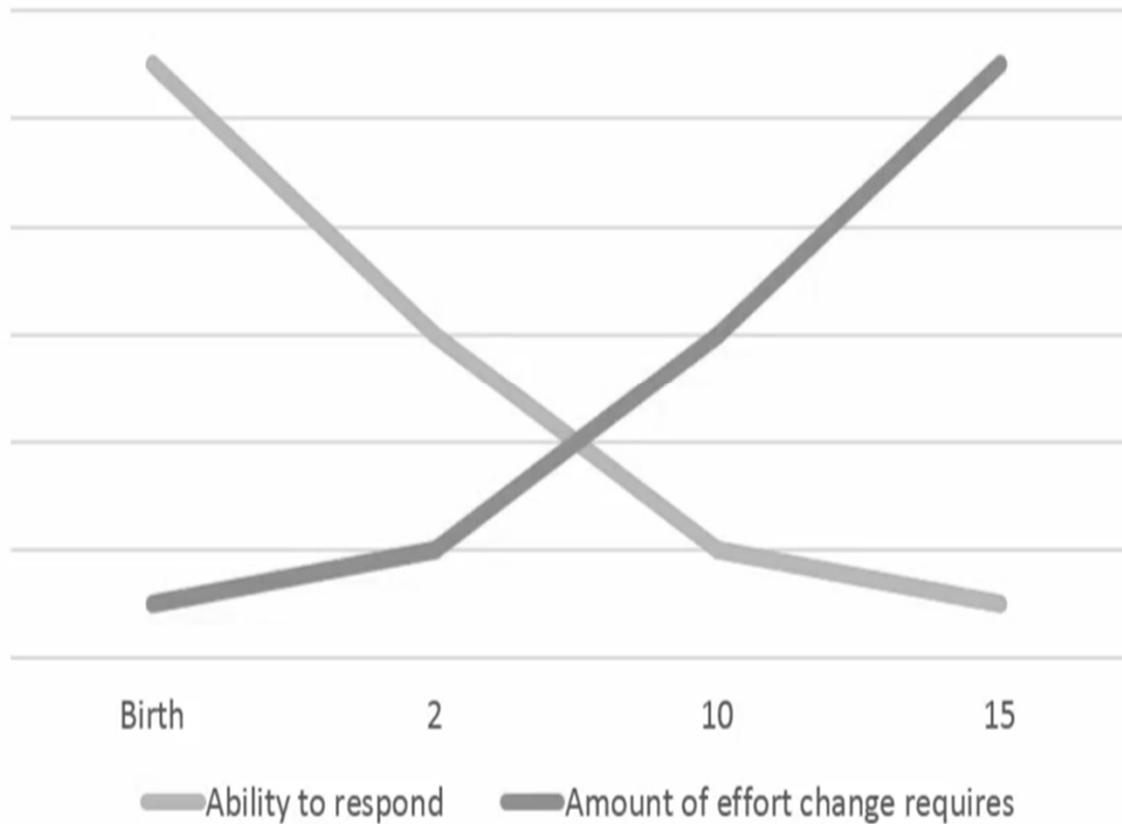
Greatest at very young ages



SOURCE: C.A. NELSON IN FROM NEURONS TO NEIGHBORHOODS, 2000



PLASTICIDAD CEREBRAL



ORIGINAL PAPER

Outcome for Children Receiving the Early Start Denver Model Before and After 48 Months

Giacomo Vivanti^{1,2} · Cheryl Dissanayake² · The Victorian ASELCC Team³

Published online: 28 March 2016
© Springer Science+Business Media New York 2016

Abstract The Early Start Denver Model (ESDM) is an intervention program recommended for pre-schoolers with autism ages 12–48 months. The rationale for this recommendation is the potential for intervention to affect developmental trajectories during early sensitive periods. We investigated outcomes of 32 children aged 18–48 months and 28 children aged 48–62 months receiving the ESDM for one year (approximately 20 h per week). Younger children achieved superior verbal DQ gains compared to their older counterparts. There were no group differences with respect to non-verbal DQ and adaptive behavior (with both age-groups undergoing significant change), or ASD severity (with neither age-group showing improvements on the ADOS). The association between verbal DQ gains and age at intake was moderated by baseline verbal level.

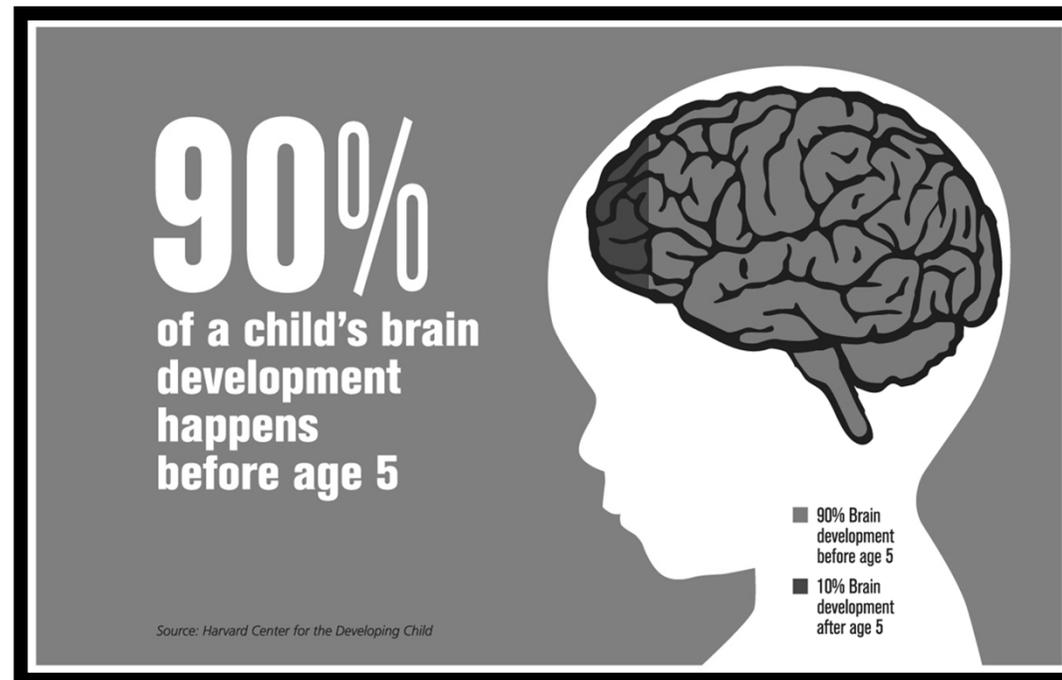
Keywords Autism · Early Start Denver Model · Early

Introduction

The Early Start Denver Model (ESDM) is a comprehensive intervention program for young children with Autism Spectrum Disorder (ASD) that uses a Naturalistic Developmental Behavioral approach (Schreibman et al. 2015) to address early symptoms of ASD across multiple developmental domains (Rogers and Dawson 2010). A randomized controlled trial of ESDM (Dawson et al. 2010) documented significant gains in cognitive, language, and adaptive abilities, but no significant reductions in ASD symptom severity in a group of pre-schoolers with ASD receiving 15 h per week of individual home-based treatment over 2 years. Effect sizes ranged from medium to large, and gains were maintained 2 years after the intervention ended, with additional improvements in ASD symptom severity of a medium effect size occurring during the follow-up period relative to the comparison group (Estes et al. 2015). A

Neurodesarrollo y Neuroplasticidad

- La intervención de una alteración del neurodesarrollo debe seguir principios del ***desarrollo evolutivo***, las ciencias del ***aprendizaje*** y de la ***neurociencia***.



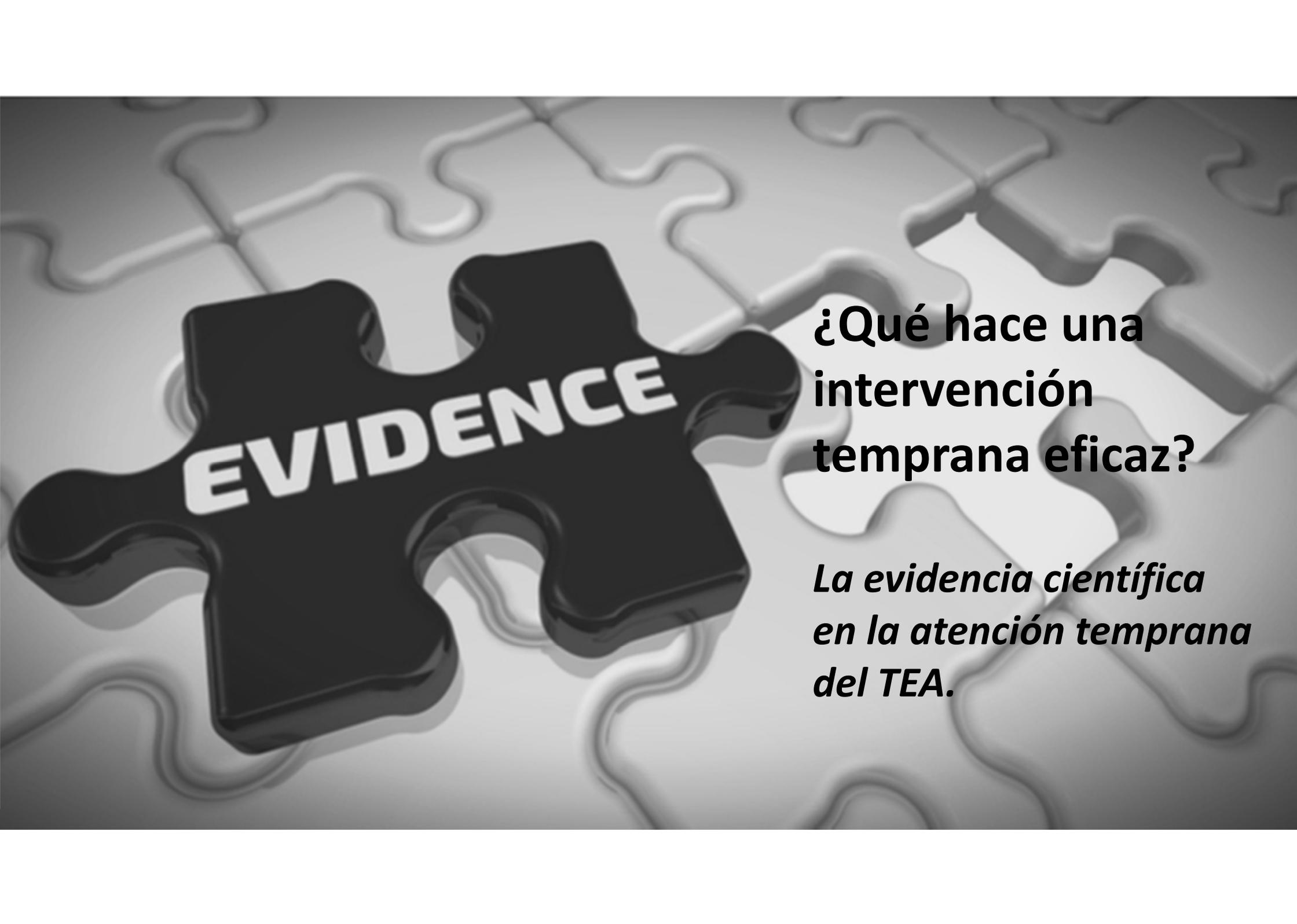
La hipótesis de la motivación social



Modelo Recompensa Social/ Motivación Social
Mundy & Crowson 1997, Dawson et al., 2004, 2005

***Incrementar la “exposición” relacional = ¡Aumentar el
“entrenamiento” de los circuitos sociales! –
ESTIMULAR LA MOTIVACIÓN SOCIAL***





EVIDENCE

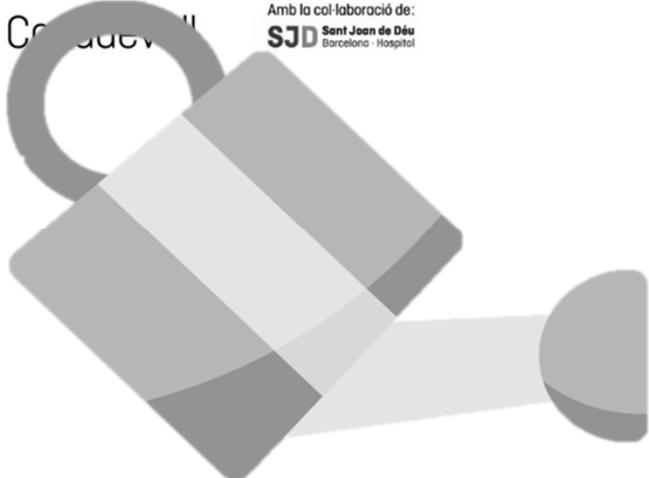
**¿Qué hace una
intervención
temprana eficaz?**

*La evidencia científica
en la atención temprana
del TEA.*

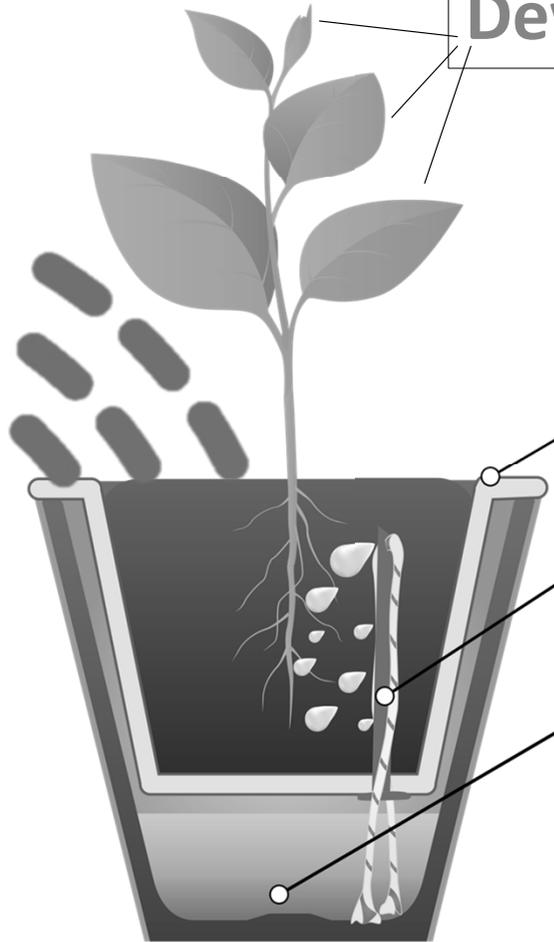


<https://afirm.fpg.unc.edu/afirm-modules>

PBE: PRÁCTICA BASADA EN LA EVIDENCIA



Implementation



Developmental areas



Developmental stage

Context

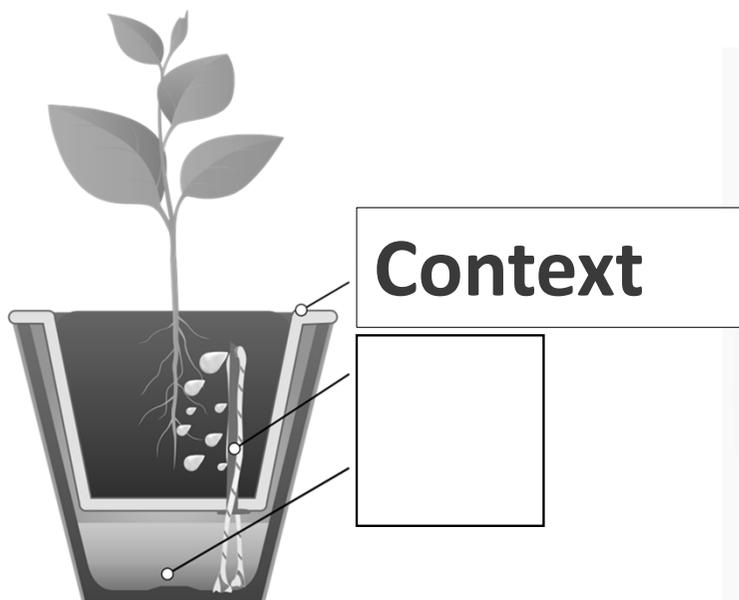
Individualized Intervention

Sustainability

Inspired by the image of
Dr. Liezi Schlebusch

PARTICIPATORY RESEARCH

Instituto TEA CARE Mas Casadevall



¿Qué hace una intervención temprana eficaz?

- La reducción de **sintomatología TEA...**
- Reducción de **problemas de conducta...**
- Mayor capacidad de **adaptación** a las actividades de la vida diaria y sus contextos...
- Mejoras en las distintas **áreas de desarrollo...**
- **Empoderar contexto natural** (padres/madres)



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON AUTISM SPECTRUM DISORDERS

<https://autismpdc.fpg.unc.edu/evidence-based-practices>

ABOUT THE CENTER

RESOURCES

TECHNICAL ASSISTANCE & TRAINING

A multi-university center to promote use of evidence-based practice for children and adolescents with autism spectrum disorders



2009 State Application Now Available



MULTI-UNIVERSITY PARTNERSHIP AND REGIONAL DIRECTORS

FPG Child Development Institute

University of North Carolina

Sam Odom

Principal Investigator

Deborah Hatton

Co-PI & Project Director

Jim Bodfish

Investigator

UNC partners

Division TEACCH

Center for Development and Learning

Neurodevelopmental Disorders Research

Center

Waisman Center

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Sally Rogers

Sally Ozonoff

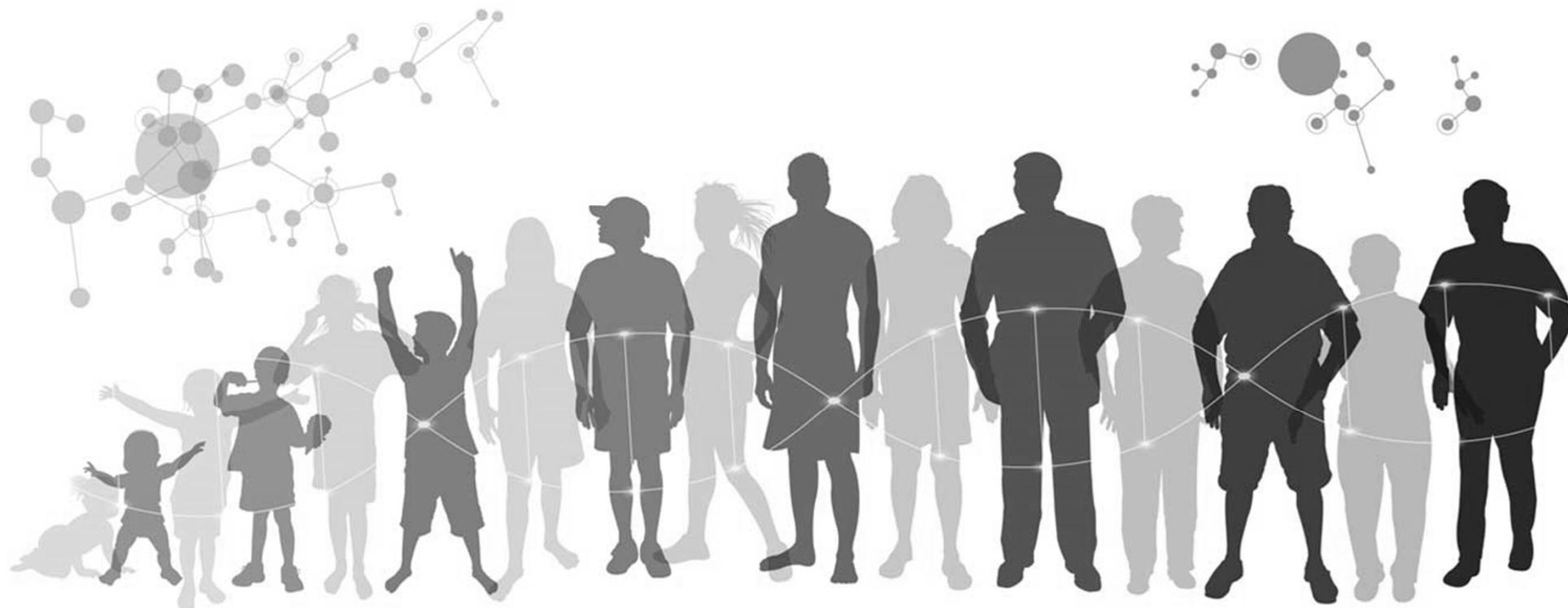
John Brown



UNC
FPG CHILD DEVELOPMENT INSTITUTE

Slide developed by Dr. Sam Odom, University of North Carolina





Lord et al., 2022- *The Lancet Commissions*

The Lancet Commission on the future of care and clinical research in autism



Catherine Lord*, Tony Charman*, Alexandra Howlin, Paul Carbone, Iudokia Anagnostou, Brian Boyd, Themba Carr, Petrus J de Vries, Cheryl Disenyaake, Gauri Dixon, Christine M Freitag, Marissa M Gotlib, Connie Kasari, Martin Knapp, Peter Mundy, Alex Plank, Lawrence Szath, Chiara Servil, Paul Shattuck, Emily Simonoff, Alison Tepper Singer, Vicky Skuse, Paul P Wang, Maria Celia Yirmoiu, Rachel Jelliffe, Andrew Pickles, James Coxack, Patricia Howlin, Peter Szatmari, Alison Holbrook, Christina Toolan, James B McCausley

Executive summary

Affecting about 78 million people worldwide, autism is a condition of global importance because of its prevalence and the degree to which it can affect individuals and families. Autism awareness has grown monumentally in the past 20 years, yet most striking is that much more could be done to improve life outcomes for the highly heterogeneous group of people with autism. Such change will depend on investments in science focused on practical clinical issues, and on social and service systems that acknowledge the potential for change and growth as well as the varied, complex needs of the autistic individuals and their families whose lives could be changed with such an effort.

The Lancet Commission on the future of care and clinical research in autism aims to answer the question of what can be done in the next 5 years to address the current needs of autistic individuals and families worldwide. Autism is a neurodevelopmental disorder that typically begins to manifest in early childhood and affects social communication and behaviours throughout the life span. Autism and other neurodevelopmental disorders have seen a tremendous influx of interest from the scientific community in the past 60 years. Substantial progress has been made in many areas of basic and applied science, but the limits of the knowledge and understanding of autism are also very clear. For clinical purposes, reviews and guidelines have proliferated, although the data on which many recommendations are based are typically from short-term interventions that address acquisition of specific skills that are hoped—but not yet known with confidence—to contribute to long-term gains across development. However, large gaps around key questions remain, such as what interventions and support strategies are effective for whom and when, and which interventions lead to changes beyond their proximal outcomes. Underlying these outstanding questions is a deep scarcity of information about what are the active elements or mechanisms, behavioural or neurobiological, for change. These issues are particularly important because autism affects from toddlers to elders and is almost always accompanied by other developmental, behavioural, and mental health difficulties or conditions that have major implications for lifelong outcomes.

On top of these issues is the fact that autism affects individuals and families worldwide, most of whom are receiving no support outside of their own resources. If

evidence-based approaches to support the lives of autistic children, adolescents, and adults who are living now are to be developed (in contrast to the fervent hopes for neurobiological approaches in the future), knowing what works for whom, when, and at what intensity is imperative, and will allow the design of systems that are cost-effective, affordable, and scalable across the globe. Such approaches are not possible on the basis of the currently existing data, but might become possible in the future.

In response to this challenge, our Commission proposes a novel, modified stepped care and personalised health model of intervention and assessment for individuals with autism and their families. One important necessity (but not always considered in such models) is that treatment and support takes into account the preferences, needs, and costs (financial and otherwise) to individuals and families at each step. These individual differences across autistic children, adolescents, adults, and their families are nested within communities, cultures, and social systems that must also be considered.

Lancet 2022; 399: 271–334

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[https://doi.org/10.1016/S0140-6736\(21\)01415-5](https://doi.org/10.1016/S0140-6736(21)01415-5)
See Comment page 275 and 277

See Perspective page 228 and 229

*Commission chair

University of California,

Los Angeles, CA, USA

(Prof C Lord PhD)

Prof E Kasari PhD

A Holbrook PhD, C Toolan PhD

Institute of Psychiatry,

Psychology & Neuroscience,

King's College London, London,

UK (Prof T Charman PhD)

Prof J Simonoff MD,

Prof A Plank PhD,

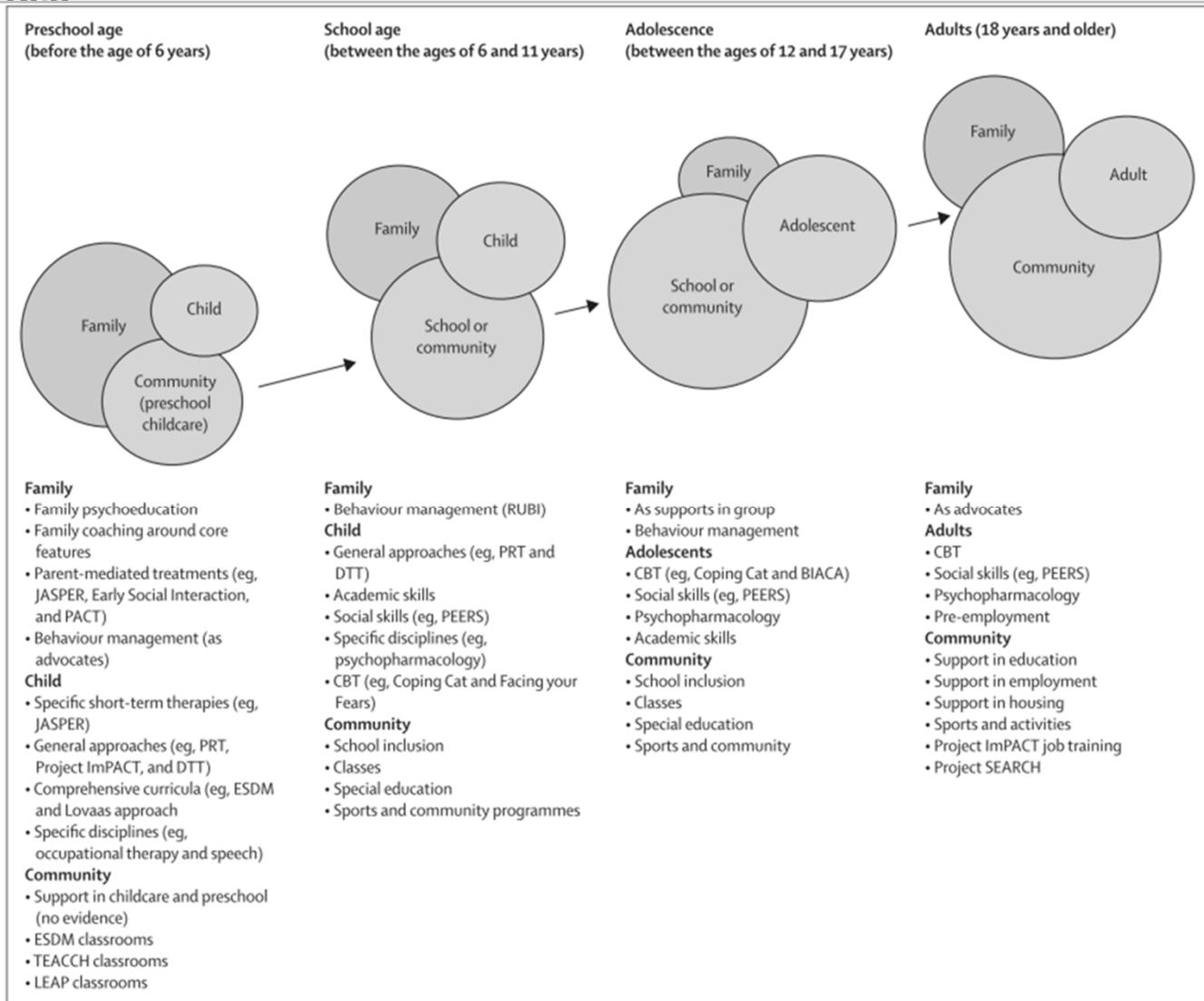
Prof P Mundy PhD, Levine

Children's Hospital, Ge'va and

St Thomas' NHS Foundation

Key messages

- At least 78 million people worldwide have autism; the majority do not receive support from, or have access to, adequate health care, education, and social care services
- Children and adults with autism can have happy and healthy lives, but urgent action is required to promote these outcomes
- Autism is heterogeneous and requires personalised, evidence-based assessments and interventions, accessible and affordable to every person, that can improve the lives of individuals and their families
- People with autism have complex needs; meeting these needs requires government coordination between health care, education, finance, and social sectors across the life span, and active inclusion and participation of autistic people and their families
- A stepped care and personalised health approach to delivering services and monitoring effectiveness across time provides a framework for efficient and equitable distribution of resources to improve outcomes
- More information about the economic and personal consequences of autism is urgently needed to inform the case for government and societal investment, action, and support worldwide
- People with autism and those with other neurodevelopmental conditions have many similar needs; developing appropriate systems of care for people with autism will also improve outcomes for individuals with other neurodevelopmental conditions
- Valuing autism and neurodiversity benefits society as a whole
- Research that will result in immediate improvements in the lives of people with autism and their families should be prioritised



Aranbarri A, Stahmer AC, Talbott MR, Miller ME, Drahota A, Pellecchia M, Barber AB, Griffith EM, Morgan EH, Rogers SJ. **Examining US Public Early Intervention for Toddlers With Autism: Characterizing Services and Readiness for Evidence-Based Practice Implementation.** *Frontiers in psychiatry.* 2021;12.



Examining US Public Early Intervention for Toddlers With Autism: Characterizing Services and Readiness for Evidence-Based Practice Implementation

Aritz Aranbarri^{1,2,3}, Aubyn C. Stahmer^{1*}, Meagan R. Talbott¹, Marykate E. Miller¹, Amy Drahota⁴, Melanie Pellecchia⁵, Angela B. Barber⁶, Elizabeth McMahon Griffith⁷, Elizabeth H. Morgan^{1,8} and Sally J. Rogers¹

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As the rates of Autism Spectrum Disorder (ASD) increase and early screening efforts intensify, more toddlers with high likelihood of ASD are entering the United States' (US) publicly funded early intervention system. Early intervention service delivery for toddlers with ASD varies greatly based on state resources and regulations. Research recommends beginning ASD-specific evidence-based practices (EBP), especially caregiver-implemented intervention, as early as possible to facilitate the development of social-communication skills and general learning. Translating EBP into practice has been challenging, especially in low-resourced areas. The main goal of this study was to obtain a more comprehensive understanding of public early intervention system structure, service delivery practices, and factors influencing EBP use for children with ASD in the US. Participants ($N = 133$) included 8 early intervention state coordinators in 7 states, 29 agency administrators in those states, 57 early intervention providers from those agencies, and 39 caregivers of children with ASD receiving services from those providers. Online surveys gathered stakeholder and caregiver perspectives on early intervention services as well as organizational factors related to EBP implementation climate and culture. Stakeholders identified key intervention needs for young children with ASD. In general, both agency administrators and direct providers reported feeling *somewhat effective* or *very effective* in addressing most needs of children with ASD. They reported the most difficulty addressing eating, sleeping, family stress, and stereotyped behaviors. Data indicate that children from families with higher income received significantly higher service intensity. While administrators and providers reported high rates of high-quality caregiver coaching (>60%), caregivers reported low rates (23%). Direct providers with more favorable attitudes toward EBP had greater EBP use. In turn, provider attitudes

Los modelos NDBI: *Naturalistic Developmental Behavioral Interventions.*



Elementos de intervención comunes e indicadores de calidad

J Autism Dev Disord (2015) 45:2411–2428
DOI 10.1007/s10803-015-2407-8



ORIGINAL PAPER

Naturalistic Developmental Behavioral Interventions: Empirically Validated Treatments for Autism Spectrum Disorder

Laura Schreibman · Geraldine Dawson · Aubyn C. Stahmer ·
Rebecca Landa · Sally J. Rogers · Gail G. McGee · Connie Kasari ·
Brooke Ingersoll · Ann P. Kaiser · Yvonne Bruinsma ·
Erin McNerney · Amy Wetherby · Alycia Halladay

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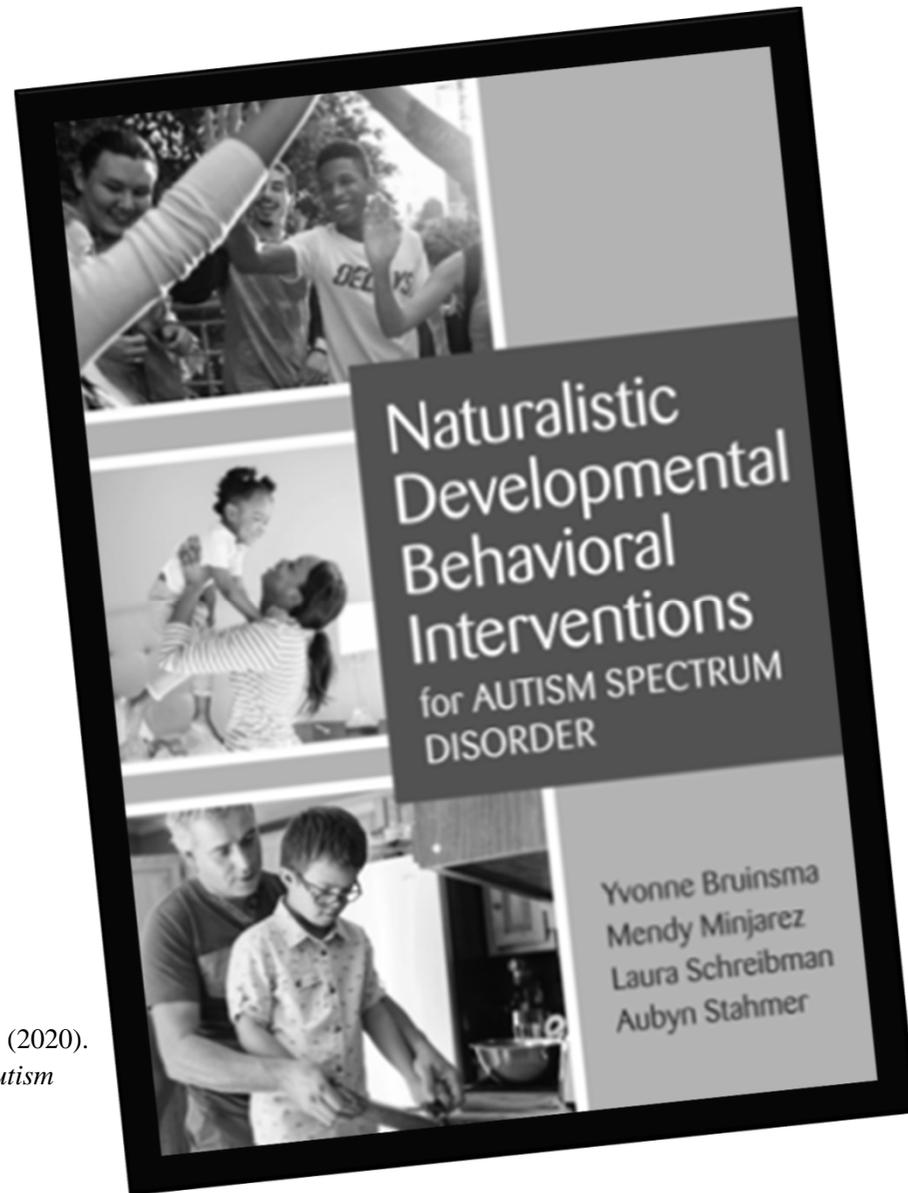
Abstract Earlier autism diagnosis, the importance of early intervention, and development of specific interventions for young children have contributed to the emergence of similar, empirically supported, autism interventions that represent the merging of applied behavioral and developmental sciences. “Naturalistic Developmental Behavioral Interventions (NDBI)” are implemented in natural settings, involve shared control between child and therapist, utilize natural contingencies, and use a variety of behavioral strategies to teach developmentally appropriate and

prerequisite skills. We describe the development of NDBIs, their theoretical bases, empirical support, requisite characteristics, common features, and suggest future research needs. We wish to bring parsimony to a field that includes interventions with different names but common features thus improving understanding and choice-making among families, service providers and referring agencies.

Keywords Early intervention · Naturalistic · Developmental · Behavioral



Bruinsma, Y., Minjarez, M., Schreibman, L., & Stahmer, A. (2020). *Naturalistic Developmental Behavioral Interventions for Autism Spectrum Disorder*. Baltimore, USA: Brookes Publishing.



Early Intensive Behavioral Intervention (EIBI)



- Centrado en el ensayo discreto
- Intervención dirigida por terapeuta
- Se trabaja conducta a conducta
- Se centra en las consecuencias
- Programa manualizado y protocolarizado

Naturalistic Developmental Behavioral Interventions (NDBI)



- Aprendizaje en contexto natural y a base de refuerzos naturales
- Estrategias de enseñanza basadas en el desarrollo
- Control compartido entre el niño y el terapeuta
- Combina evidencia conductual, del desarrollo y apego

Elementos comunes de los NDBIs



Componentes Principales

1. Seleccionar **objetivos de intervención** significativos para el contexto natural
2. Empoderamiento a **padres** a través de la formación y el coaching (centrado en familia)
3. Apoyar la **inclusión** con iguales y en la comunidad

Estrategias de intervención

1. Estrategias basadas en la **motivación del niño**.
2. Estrategias centradas en el **control del antecedente**.
3. Estrategias de **enseñanza con presiones**.
4. Estrategias de **refuerzo natural**.

Objetivos de intervención

1. Objetivos de intervención **basados en la necesidad de desarrollo**.
2. Reforzar las **habilidades comunicativas**.
3. Desarrollar las **habilidades sociales** y de **juego diádico**.
4. Apoyo positivo de la **conducta adaptativa** y la **autorregulación**.

¿INTERESADO/A EN LA FORMACIÓN OFICIAL DEL ESDM?



Early Start Denver Model

<https://www.esdm.co/attendworkshop>

6 elementos destacables del ESDM

- 1 Intervención basada en el desarrollo
- 2 Específico para TEA
- 3 Integral (todas las áreas y dificultades)
- 4 Integrada en actividades y contexto natural
- 5 Evidencia progreso con recogida de datos
- 6 Manualizada y evidenciada desde método científicos

IMPLEMENTACIÓN NATURALISTA



Nivel de desarrollo

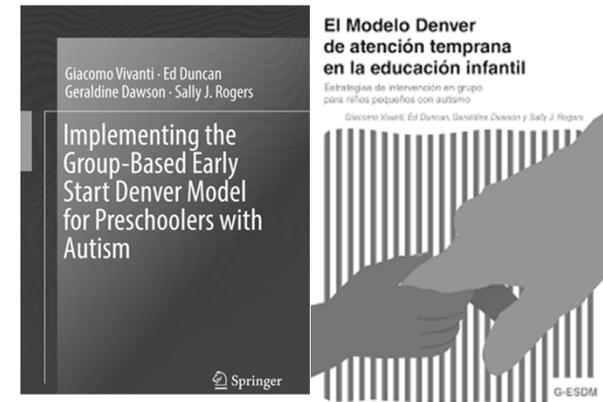
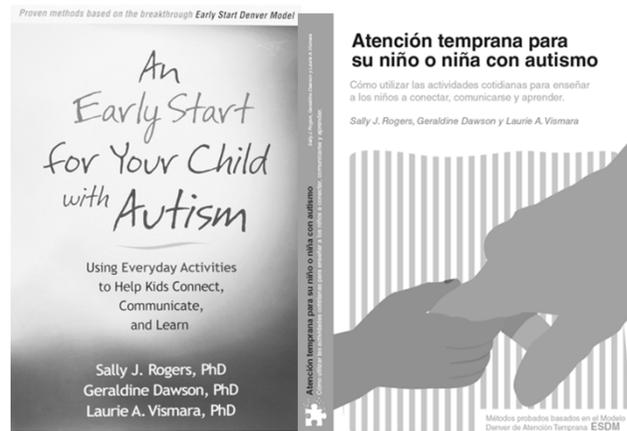
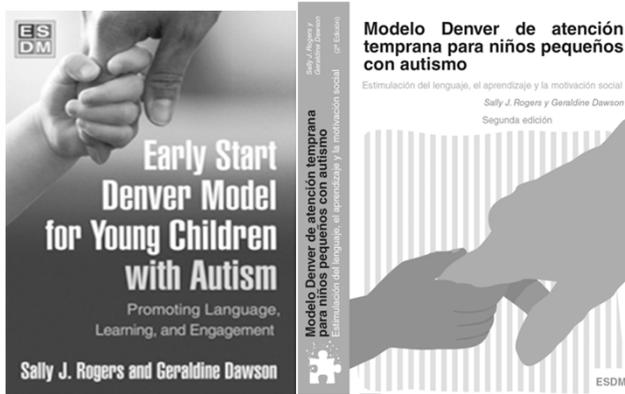


**Objetivos
MEDIBLES e
individualizados y
acordados con los
padres.**

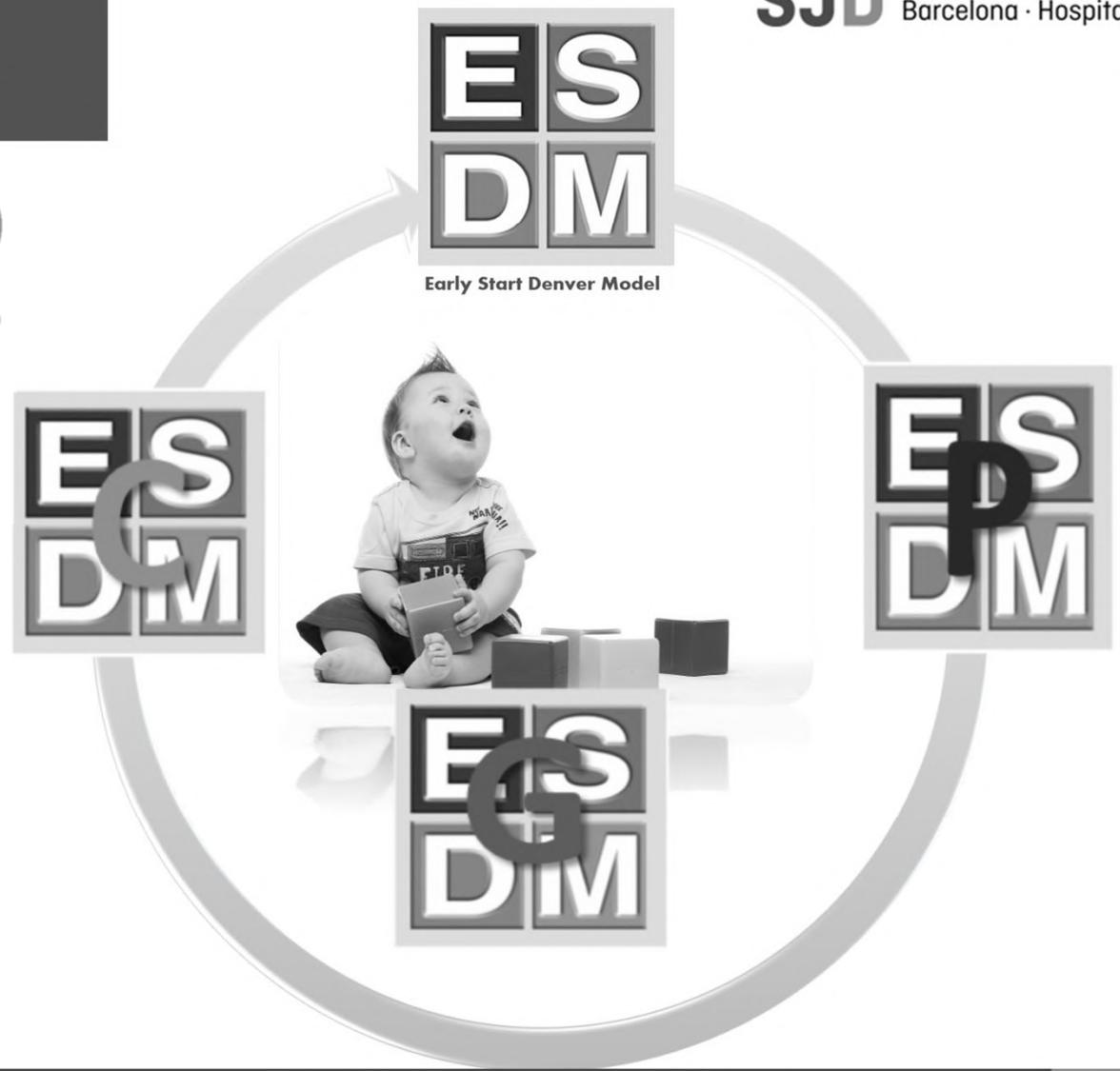
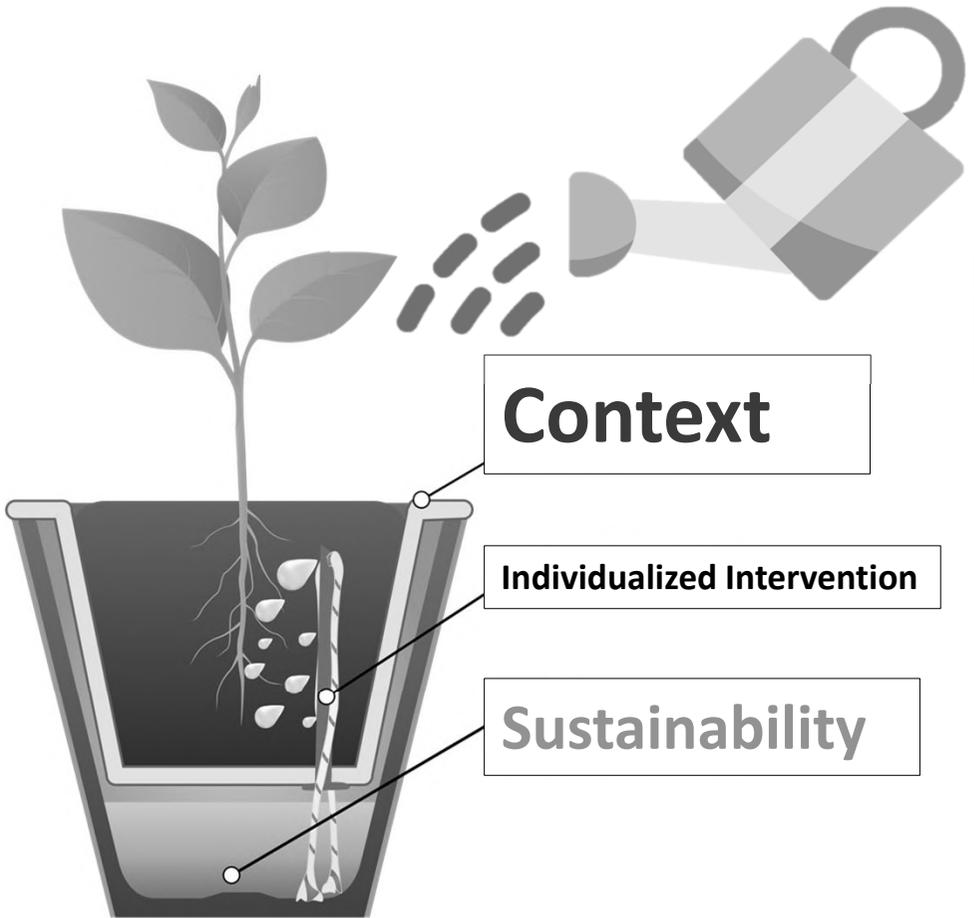


**Rutinas de juego
(preescolar y
domicilio) basados
en estrategias
evidenciadas en
ESDM**

Diversas modalidades de implementación, según contexto



Diversas modalidades de implementación, según contexto





Early Start Denver Model

PROJECT

Dras. Sally Rogers y Aubyn Stahmer

**INSTITUT
TEA CARE**
Mas Casadevall



Amb la col·laboració de:
SJD Sant Joan de Déu
Barcelona - Hospital

Coaching Parents
of Young Children
with Autism
Promoting Connection,
Communication, and Learning
Sally J. Rogers, Laurie A. Vismara,
and Geraldine Dawson

Atención temprana para
su niño o niña con autismo
Cómo utilizar las actividades cotidianas para enseñar
a los niños a conectar, comunicarse y aprender.
Sally J. Rogers, Geraldine Dawson y Laurie A. Vismara



Programa

Coordinadores:
Directora: María Díez-Juan
Investigador Principal: Aritz Aranbarri

Asesor científico: MIND Institute
Promotores del proyecto: FAMC



TEA CARE⁰⁻⁴ Mas Casadevall

*Programa Clínic d'Atenció a l'Autisme basat en la Recerca i
l'Educació –Mas Casadevall (0-4 anys)*

Con el asesoramiento de: **UCDAVIS**
MIND INSTITUTE

Con el apoyo de: **Fundación "la Caixa"**

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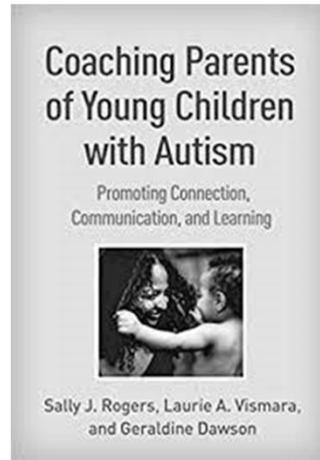
Mas Casadevall

Amb la col·laboració de:
SJD Sant Joan de Déu
Barcelona - Hospital

**Empoderar a les famílies ateses en
estratègies d'intervenció tempra que
repercuten en el neurodesarroll de
seus fills i filles en col·laboració
amb els recursos comunitaris**



En el TEA CARE Mas Casadevall pretendemos investigar una intervención temprana mediada por la familia



Atención temprana para su niño o niña con autismo

Cómo utilizar las actividades cotidianas para enseñar a los niños a conectar, comunicarse y aprender.

Sally J. Rogers, Geraldine Dawson y Laurie A. Vismara

Atención temprana para su niño o niña con autismo
Cómo utilizar las actividades cotidianas para enseñar a los niños a conectar, comunicarse y aprender.

Métodos probados basados en el Modelo Denver de Atención Temprana ESDM




Con el asesoramiento de:



Con el apoyo de:

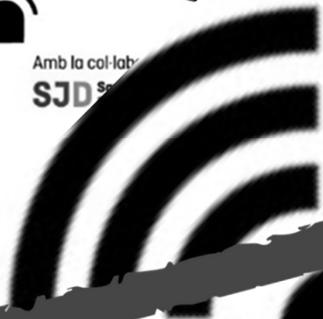
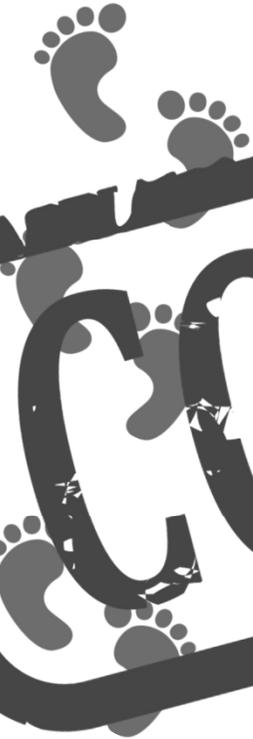


**INSTITUT
TEA CARE**



Mas Casadevall

Amb la col·laboració de
SJD



help is in your hands



Atención temprana en el contexto de TEA

Detección e
intervención en
la primera
infancia





PREGUNTAS



Curso de
**ESPECIALIZACIÓN
EN TEA**

TRASTORNO DEL ESPECTRO DEL
AUTISMO

ONLINE
DEL 20 DE FEBRERO AL 23 DE MARZO


<http://www.fundacionadana.org/>

Detección e Intervención Temprana en TEA

Dr. Aritz Aranbarri

aritz.aranbarri@sjd.es

23 de febrero de 2023

**INSTITUT
TEA CARE** 
Mas Casadevall

Amb la col·laboració de:
SJD Sant Joan de Déu
Barcelona · Hospital