

## **INTERVENCIÓN CON ADULTOS CON TDAH: BIBLIOGRAFÍA BÁSICA**

**GUÍAS DE PRÁCTICA CLÍNICA** (haz clic en el nombre de cada guía para acceder a los documentos):

- [Guía Salud \(España\).](#)
- [European Consensus Statement.](#)
- [National Institute for Health and Care Excellence \(NICE\).](#)
- [Canadian ADHD Practice Guidelines \(CAADRA\).](#)

### **PROGRAMAS TCC PARA TDAH ADULTO**

- Cognitive-Behavioral Therapy for Adult ADHD, Solanto (Guilford Press, 2011)
- Mastering your adult ADHD, A cognitive-behavioral treatment program, Safren et al. (Oxford Press, 2005)
- TDAH en adultos, una guía psicológica para la práctica, Young y Bramham. (Manual Moderno, 2009).

**LIBROS PARA PROFESIONALES por fecha de publicación y desde 2014 (por eso de estar actualizados):**

- Clinical Handbook of ADHD. Assessment and treatment across the lifespan. Editado por Johnny L. Matson. (Springer, 2023).
- CBT for College Students with ADHD, Arthur D. Anastopoulos et al. (Springer, 2023).
- ADHD explained. Edward M. Hallowell (DK, 2023).
- Succeeding with adult ADHD; 2nd edition, Abigail Levrini (American Psychological Association, 2023).
- Taking charge of adult ADHD; 2nd Edition, Russell A. Barkley (Guilford Press, 2021).
- Adult ADHD. Diagnostic, Assessment and Treatment, 4th Edition (J. J. Sandra Kooij, 2021).
- Rethinking adult ADHD: Helping clients turn intentions into actions, J. Russell Ramsay (American Psychological Association, 2020).
- Getting ahead of ADHD, Joel T. Nigg (The Guilford Press, 2017).
- ADHD Coaching. A guide for mental health professionals, Prevatt and Levrini (American Psychological Association, 2015).
- Cognitive-Behavioral Therapy for adult ADHD, J. Russell Ramsay and Anthony L. Rostain (Routledge, 2014).
- The adult ADHD toolkit, J. Russell Ramsay and Anthony L. Rostain (Routledge, 2014).